



Lincolnshire

Care Services Directory **2022/23**

The essential guide to choosing and paying for care and support

HALCYON CARE

A TEAM THAT REALLY CARES

Halcyon Care has been established since 1989. It is a family owned company providing residential, nursing and dementia care. We pride ourselves in delivering care which focuses on the resident as an individual and recognises their unique characteristics, lifestyle preferences and care needs.

We aim to provide a friendly home environment with up to date facilities where visitors are welcome at any time.

- Respite and day care
- GP visits to our homes
- Home cooked meals and a wide range of social activities
- Special care for mental health-related problems
- En-suite rooms
- Visiting Chiropodist and Hairdresser



MARTIN HALL CARE CENTRE

**The Old Hall, High Street, Martin by
Timberland, Lincolnshire LN4 3QY**

40 nursing and personal care beds,
including people with dementia &
physical disability

Tel: **01526 378251 MARTIN**

E: martinhall@halcyoncare.co.uk



NIGHTINGALE HOUSE CARE CENTRE

**Main Road, Bucknall,
Woodhall Spa LN10 5DT**

45 personal care beds, including people
with dementia and physical disability

Tel: **01526 388261 BUCKNALL**

E: nightingalehouse@halcyoncare.co.uk



HOMER LODGE CARE CENTRE

**23 – 26 Monson Street,
Lincoln LN5 7RZ**

47 nursing and personal care beds

Tel: **01522 530108 LINCOLN**

E: homerlodge@halcyoncare.co.uk



WAINFLEET CARE CENTRE

**Rumbold Lane, Skegness,
Lincolnshire PE24 4DS**

43 personal care beds including people
with dementia

Tel: **01754 881849 SKEGNESS**

E: wainfleet@halcyoncare.co.uk



MANOR CARE CENTRE

**Fen Road, East Kirkby,
Near Spilsby PE23 4DB**

41 personal care beds including people
with mental health problems

Tel: **01790 763381 EAST KIRKBY**

E: manor@halcyoncare.co.uk



THE FOUNTAINS CARE CENTRE

**Church Lane, Tetney,
Near Grimsby DN36 5JX**

45 nursing & personal care beds, including
people with dementia & physical disability

Tel: **01472 210456 TETNEY**

E: thefountains@halcyoncare.co.uk



CLARENCE HOUSE CARE CENTRE

**Albert Street, Brigg, Lincolnshire
DN20 8HS**

33 personal care beds including people
with dementia

Tel: **01652 650950 BRIGG**

E: clarencehouse@halcyoncare.co.uk



OAKLANDS CARE CENTRE

**North Street, Whaley Thorns, Nether
Langwith, Mansfield NG20 9BN**

40 nursing & personal care beds, including
people with dementia & physical disability

Tel: **01623 744412 MANSFIELD**

E: oaklands@halcyoncare.co.uk



EASTWOOD HOUSE CARE CENTRE

**Doncaster Road, Rotherham
S65 2BL**

37 personal care beds including people
with dementia

Tel: **01709 363093 ROTHERHAM**

E: eastwood@halcyoncare.co.uk

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All the listings in this publication of care homes, care homes with nursing and home care providers are supplied by the Care Quality Commission (CQC) and Care Choices Ltd cannot be held liable for any errors or omissions.

To obtain extra copies of this Directory, free of charge, call **Care Choices** on **01223 207770**. Alternatively, visit **www.carechoices.co.uk/order-copies-of-a-directory** to order a copy online.

Alternative formats



This Directory is available electronically at **www.carechoices.co.uk**

The e-book is also Recite Me compatible for those requiring information in the spoken word.

Introduction

Welcome to this edition of the independent Lincolnshire Care Services Directory, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from the council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme, or within a care home or care home with nursing.

If you feel you need support to remain independent, first look to your community. There's a host of organisations and voluntary services that could help you.

If you think you need more formal care and support, arrange an assessment with your local adult social care department to establish your specific needs. This is free, irrespective of your income, and available to all those who appear to need care and support. More details are provided on page 17. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a 'self-funder', with the means to pay for your care. This is discussed on page 30 for those paying for care at home and 57 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your circumstances. Ideas to make life easier at home start on page 6 and a list of local home care providers begins on page 35.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 45) or residential care. Comprehensive lists of care homes and care homes with nursing in Lincolnshire start on page 64.

There's also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

Finding care in your area

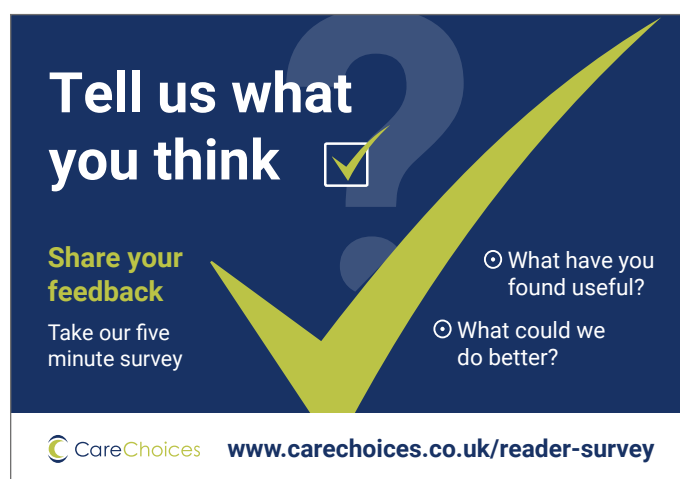
Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 62), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit www.carechoices.co.uk



Tell us what you think

Share your feedback
Take our five minute survey

What have you found useful?
 What could we do better?

CareChoices www.carechoices.co.uk/reader-survey

Lincolnshire Care Association (LinCA)

A quality of life and a standard of living

LinCA continues to represent the interests of care and support providers within the independent and voluntary sectors. Its intention is to support providers to ensure that there is a sustainable choice of quality care services within Lincolnshire.

LinCA does this by providing accessible information, advice, support and development opportunities to care providers to enable them to respond to changing needs through the provision of quality, innovative services. It also works in partnership with other agencies and organisations as part of the whole systems improvement in Lincolnshire.

The association is managed by a voluntary Board of Directors appointed by its members, drawn from large and small organisations as well as individual professionals. Each Director represents a specific area of care and support across the county. Together they represent the association's members at meetings with colleagues from the health, adult care and housing sectors locally, regionally and nationally to consider issues such as commissioning, which includes service design, development and evaluation.

In addition, LinCA is involved in workforce planning and development, emergency planning, safeguarding, contracting and fee level negotiations,

compliance standards and quality assessments and supporting the growth of digital initiatives. LinCA, in partnership with Lincolnshire County Council, has been a demonstrator site for NHS Digital, supporting care providers to obtain NHS Mail.

LinCA has established the Care Home Trusted Assessor project at acute hospitals across Lincolnshire which supports more effective and efficient discharge arrangements for patients returning to or moving into care homes or their own homes. The concept has been adopted in a number of areas across England.

Since 2017, LinCA has hosted the highly successful Lincolnshire Care Awards celebrating those on the front line of social care in the county and showcasing the best in the sector.

For further information regarding LinCA and its initiatives contact the **Chair of LinCA**, Melanie Weatherley at chair@linca.org.uk or telephone **07816 845522**.

For further information regarding **LinCA** and the benefits of membership, visit www.linca.org.uk or contact the **Administration Manager**, Sue Lovelock, on **01522 581073** or email susannalovelock@linca.org.uk



CareinLincs

With the ever-increasing need for staff in adult social care across Lincolnshire, the CareinLincs website is the go-to place for care providers to advertise their vacancies – whether paid

employment, voluntary positions or apprenticeships. For further information regarding CareinLincs, contact Ruth Rossiter on **07949 942478** or email ruthrossiter@linca.org.uk

LinCA Workforce Development (LinCA WFD)

Right staff, right skills, right place

LinCA WFD is the place to go for all care providers in Lincolnshire for information and support with the development of the county's high-quality independent care workforce.

With the help of care providers, and working in partnership with Lincolnshire County Council, Lincolnshire Integrated Care Board, all local NHS Trusts, Health Education England, Skills for Care, further and higher education colleges and the Local Enterprise Partnership, LinCA WFD has developed a workforce strategy to enable the sector to meet the needs of service users now and in the future.

LinCA WFD showcases best practice through its unique Ambassadors programme, workshops

and conferences. It also delivers leadership programmes for senior care staff, managers and in-house trainers and supported the digitalisation across Health and Social Care.

For further information regarding **LinCA Workforce Development** or its initiatives, visit www.linca.org.uk/WorkForceDevelopment.asp or refer to the following contact details.

Mark Turton

Tel: **07484 011372**

Email: markturton@linca.org.uk

Sue Lovelock

Tel: **01522 581073**

Email: susannalovelock@linca.org.uk

Helping you to stay independent

Services developed in partnership with the voluntary sector

Adult social care works with voluntary and community organisations to supply preventative care services.

These are a vital form of support and help to maintain independence and social inclusion, and delay or avoid the need for more statutory interventions.

Examples include:

- day services, lunch clubs and social groups;
- befriending, visiting and telephone contact services;
- support schemes to help people being

discharged from hospital;

- support for carers; and
- handy person schemes.

Connect to Support Lincolnshire is an online information and advice library, community directory and marketplace for adults in Lincolnshire. This website is intended for adults who want to find out about local groups, activities and services within the community.

Tel: **0300 303 8789**

Email: Lincs2Advice@ageuklsl.org.uk

Web: <https://lincolnshire.connecttosupport.org>

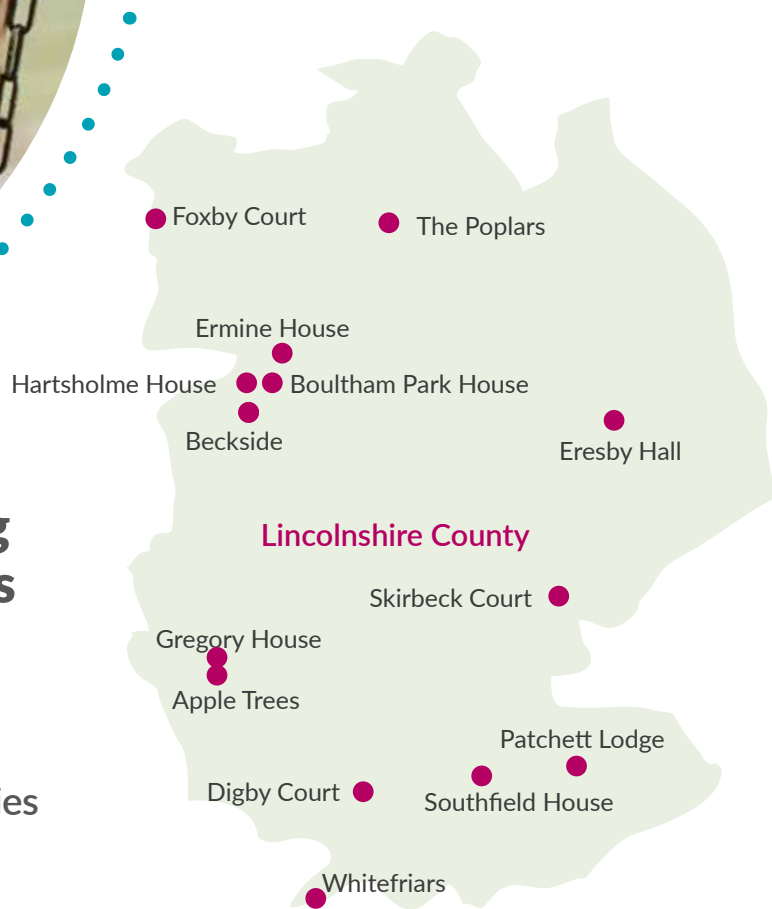
trust
we
care.

Life at OSJCT is fun & fulfilling

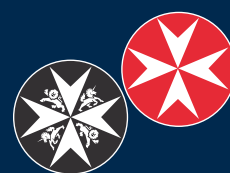


OSJCT is one of the UK's leading not-for-profit care organisations working solely to provide high quality care for older people.

The Orders of St John Care Trust help families make the right choice for individualised residential, dementia or nursing care.



Find out about our care services at
14 homes around Lincolnshire:
www.osjct.co.uk/Lincolnshire



The Orders of
St John
Care Trust

Day care centres

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities.

Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to change their routine, meet new people, take up an activity or receive specialist services such as chiropody or hairdressing.

There is a wide variety around the county, catering for older people and people with mental health conditions, learning disabilities and dementia.

Centres can be as important for carers as those attending, as they allow for a regular break from caring.

Every effort has been made to check the accuracy of the following information. However, it is subject to change during the lifetime of this Directory. For the latest information, contact the provider directly.

Boston

Ashridge ●

Boston Tel: 01205 366922

OP LDA YA

Manor Gate Care Home ●

Boston Tel: 01205 366260

OP D

Scott House

Boston Tel: 01205 357236

PD LDA SI

Skirbeck Court (OSJCT) ●

Boston Tel: 01205 361444

Advert page 7
OP

White Gables Care Home ●

Boston Tel: 01205 723874

OP D PD SI YA

East Lindsey

Ashtree House ●

Withern Tel: 01507 450373

Advert page 67
OP D

Bramhall ●

Tattershall Tel: 01526 342632

Advert page 66
OP D

Clovers Day Centre

Louth Tel: 07555 519367

OP D PD LDA MH SI YA

Eresby Hall (OSJCT) ●

Spilsby Tel: 01790 752495

Advert page 7
OP D

Fotherby House ●

Louth Tel: 01507 607237

OP D

Linkage Adult Skills – Grimsby ●

Grimsby Tel: 01790 755059

D PD LDA MH SI

Linkage Adult Skills – Scremby

Spilsby Tel: 01754 890521

LDA

Linkage Adult Skills – Toynton

Spilsby Tel: 01790 755059

D PD LDA MH SI YA

Lumley Avenue (County Care Lincolnshire)

Skegness Tel: 01754 611153

PD LDA MH SI YA

Manor Care Centre

East Kirkby Tel: 01790 763381

Advert inside front cover

OP D MH

Meadows Sands Care Home ●

Skegness Tel: 01754 762712

OP D

Newhaven Residential Home ●

Huttoft Tel: 01507 490294

OP LDA YA

Orby Opportunity Centre

Spilsby Tel: 01754 811002

LDA YA

Old Hall Residential Care Home, The ●

Halton Holgate Tel: 01790 753503

OP D PD

Phoenix Care Centre ●

Chapel St Leonards Tel: 01754 872645

OP D

Pippin Place (Orchard House Care Home Ltd)

Mablethorpe Tel: 01507 472203

OP D PD YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

East Lindsey continued

Sense Centre – Louth

Louth Tel: 01507 610925

PD LDA SI

Skegness Day Centre

Skegness Tel: 01754 766763

OP D PD LDA SI YA

Summerfield Rest Home

Sutton-on-Sea Tel: 01507 441969

OP D

Virginia House

Louth Tel: 01522 550908

OP PD LDA

Wong Day Service, The

Horncastle Tel: 01507 527047

OP PD LDA SI YA

Wygate Residential Care Home ●

Mablethorpe Tel: 01507 477531

OP D PD

Lincoln

181 Adult Day Activities Centre (Bspoke Social Care)

Lincoln Tel: 07495 050154

OP D PD LDA MH YA

Age UK Lincoln and South Lincolnshire ●

Lincoln Tel: 01522 696000

OP D PD MH SI YA

Allerton C&S NE Ltd ●

Lincoln Tel: 01522 539626

OP D PD LDA MH YA

Ancaster Day Centre

Lincoln Tel: 01522 870600

OP D PD LDA SI YA

Aspire Day Service

Lincoln Tel: 01522 457214

LDA

Bernadette House ●

Lincoln Tel: 01522 521926

Advert page 72

OP D PD SI YA

Boultham Park House (OSJCT) ●

Lincoln Tel: 01522 681500

Advert page 7

OP D

Brantley Manor Care Home ●

Lincoln Tel: 01522 543866

Advert page 72

OP D

Busydays Daycare

Lincoln Tel: 07904 563794

LDA SI

Creativity@Tess (TESS CIC) ●

Lincoln Tel: 07907 162064

OP LDA MH SI YA

Eccleshare Court ●

Lincoln Tel: 01522 695458

Advert page 52

OP D YA

Ermine House (OSJCT) ●

Lincoln Tel: 01522 529093

Advert page 7

OP

Hartsholme House (OSJCT) ●

Lincoln Tel: 01522 683583

Advert page 7

OP D

Linkage Adult Skills – Lincoln Checkpoint ●

Lincoln -Tel: 01790 755059

D PD LDA MH SI

Monson Retirement Home ●

Lincoln Tel: 01522 848074

Advert page 72

OP D

Ruckland Court Day Centre ●

Lincoln Tel: 01522 530217

Advert page 52

OP D

Swallow Lodge ●

Lincoln Tel: 01522 300430

OP D PD LDA SI YA

North Kesteven

Adults Supporting Adults ●

Sleaford Tel: 01529 416270

OP D PD LDA MH SI YA

Ashfield Lodge

Sleaford Tel: 01529 307330

OP D MH

Cottage Residential Home, The

Nocton Tel: 01526 320887

OP D PD

Glenholme Holdingham Grange ●

Sleaford Tel: 01529 406000

Advert page 72 OP D YA

Greenacres Care Home ●

Heckington Tel: 01529 460935

OP D PD MH

Holmleigh Care Home

Navenby Tel: 01522 810298

OP

Kirk House

(Home from Home Care) ●

Dorrington Tel: 01526 833569

LDA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

North Kesteven continued

North Hykeham Day Centre

North Hykeham

Tel: 01522 689534

OP D PD LDA MH SI

Community Café & Garden Project (TESS CIC), The ●

Grantham Tel: 07732 061330

PD LDA MH

North Road Day Outreach

Sleaford Tel: 01529 300754

LDA SI

Cree Day Centre

(Grantham & District Mencap) ●

Grantham Tel: 01476 566050

LDA

South Holland

Capricorn Day Service

Holbeach Tel: 01406 307232

OP PD LDA SI YA

Digby Court (OSJCT) ●

Bourne Tel: 01778 422035

Advert page 7

OP PD

Chappell Centre

Spalding Tel: 01522 555891

PD LDA

Five Bells Residential Care Home ●

Folkingham Tel: 01529 497412

OP D PD

Field House Residential Care Home

Spalding Tel: 01406 423257

OP D

Forget-Me-Not Day Centre

Grantham Tel: 01476 594533

OP D PD MH

Friday Friendship Group (TESS CIC) ●

Spalding Tel: 07907 162064

PD LDA MH

Gregory House (OSJCT) ●

Grantham Tel: 01476 562192

Advert page 7

OP

Kimberley Care Village

Spalding Tel: 01406 364309

OP D

Qu'appelle Residential Care Home

Bourne Tel: 01778 422932

OP D PD SI

Meadows Day Centre, The

Spalding Tel: 01775 720305

OP D PD LDA MH

Rose Lodge ●

Market Deeping Tel: 01778 344454

Advert page 52

OP D PD

Patchett Lodge (OSJCT) ●

Holbeach Tel: 01406 422012

Advert page 7

OP

Sense Centre

– Bourne

Bourne Tel: 01778 422132

PD LDA SI

Sense Centre – Pinchbeck

Spalding Tel: 01775 720826

PD LDA SI

Spriteleys

(Adults Supporting Adults)

Grantham Tel: 01529 416270

OP D

Umbrella (County Care Lincolnshire), The

Spalding Tel: 01754 611153

PD LDA MH SI

Court, 1

Grantham Tel: 01476 573482

LDA

South Kesteven

Age Concern Deepings

Deeping St James Tel: 01778 345558

OP

Stamford Day Centre

Stamford Tel: 01780 482641

OP D

Butterfield Centre, The

Bourne Tel: 01778 421422

OP D PD LDA MH SI YA

Thera Trust ●

Grantham Tel: 0300 303 1280

OP LDA YA

Caythorpe Residential Home

Caythorpe Tel: 01400 272552

OP D

Whitefriars (OSJCT) ●

Stamford Tel: 01780 765434

Advert page 7

OP D

Willows, The

Rippingale Tel: 01778 440773

OP D

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

West Lindsey

Drovers Call Care Home ●

Gainsborough
Tel: 01427 678300

OP D PD MH SI YA AD

FocusAbility – Glentham

Glentham Tel: 01673 844423

Advert page 24

OP D PD LDA MH SI

FocusAbility

– Market Rasen

Market Rasen
Tel: 01673 844423

Advert page 24

OP D PD LDA MH SI

Foxby Court (OSJCT) ●

Gainsborough Tel: 01427 613376

Advert page 7

OP

Foxby Hill Care Home ●

Gainsborough Tel: 01427 611231

OP D PD MH SI YA

Greenacres Care Home ●

Caistor Tel: 01472 851989

OP

Grosvenor House Day Care ●

Gainsborough Tel: 01427 616950

OP D PD YA

Laurels, The

Holton-cum-Beckering Tel: 01673 858680

OP D

Little Brocklesby House

Great Limber Tel: 01469 560 784

Advert page 84

OP D YA

Old Rectory, The ●

Saxilby Tel: 01522 702346

OP D

Poplars, The (OSJCT) ●

Market Rasen Tel: 01673 843319

Advert page 7

OP D

Redcote Residential Home ●

Gainsborough Tel: 01427 615700

OP

Rock Foundation

Caistor Tel: 01472 859075

LDA

Willan House ●

Stainfield Tel: 01526 398785

Advert page 85

OP D

Wispington House Ltd ●

Saxilby Tel: 01522 703012

OP D PD



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

✉ hello@myfamilyourneeds.co.uk  @WeAreMFON

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

Join the family

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

Meals on wheels

Some services can deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately.

You may find a service by word of mouth or using the

internet – your local library may be able to help here. Adult social care can advise as well. Call **01522 782155** or check the Lincolnshire County Council website for services in your area at **www.lincolnshire.gov.uk/help-live-home/get-meals-home**

Adapting your home

To remain in your own home for as long as you would like, you should ensure that it is safe, secure and warm. Some forward planning to ensure that the garden doesn't become a burden is also sensible. If you are not planning to move, think about adaptations that would make life easier now and later on.

Home Improvement Agencies (HIAs)

HIAs are local organisations funded and supported by local and central Government. They work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs.

Most HIAs provide three main services, including: information and advice on repairs or adaptations you may be considering – this usually entails a visit to your home and is often free; a handyman service for small jobs and repairs – typically, the HIA will employ its own handypersons and charge you an hourly rate for their services; and a home adaptations service for more major works.

The HIA will work with you to specify the adaptations needed and will normally offer to get estimates from one or more of its regular contractors. Subject to

your acceptance, the HIA will then offer to manage the works contract for you for an agreed fee.

HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need. They can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details for, local HIAs, visit **www.housingcare.org** or contact your local council.





Search for care in your area

www.carechoices.co.uk 

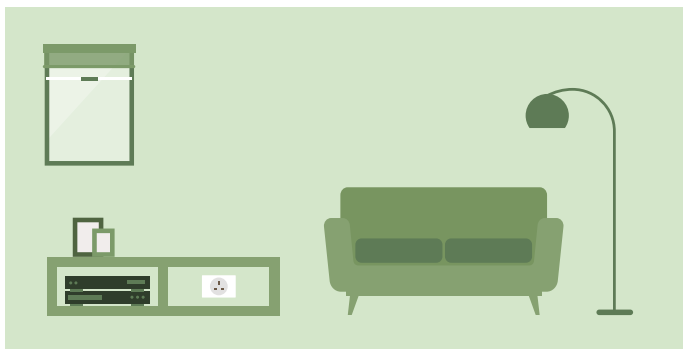
With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

 CareChoices

Making life easier at home

If you're having difficulties with everyday tasks at home, these simple solutions could make life easier and keep you independent. These are a starting point; other solutions are available which might better suit your needs.



Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise to improve your mobility.

If you can't **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit www.gov.uk/winter-fuel-payment

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there's even technology available so that you can turn your lights on and off using your speech.

Use subtitles if you **can't hear the TV** or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.



Do you **forget to take your tablets**? Try making a note of when you've taken them, or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, you can ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also long-handled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is **eating and drinking becoming difficult**? Large-handed cutlery could help, or non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

Using taps can be made easier by fitting tap turners. You could also consider changing to lever-style taps which might be easier for you to use. →



Handled plug



Chair raisers



Chopping board

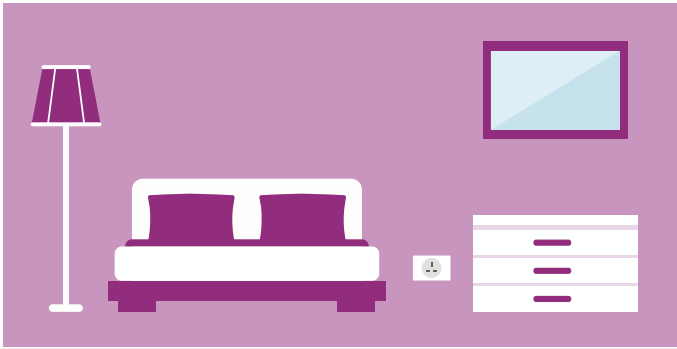


Level indicator



Teapot tipper

➔ More information on staying independent and ideas to help you live at home can be found online at www.carechoices.co.uk/staying-independent-at-home/ There is also information on making larger adaptations to your home.



If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it's lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support, see page 23.

Clocks are available with large numbers or lights if you **can't read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you **struggle to get in and out of bed**? You could learn new ways of moving around, purchase a leg lifter or a hoist or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.



If it's **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat, or a seat with a built-in support frame if it's **hard to use your toilet**. Flush lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip-resistant bath mat, grab rails, a half step to help you get in and out of the bath or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

Lincolnshire County Council

Tel: **01522 782155**

Email: **csc_socialcare@lincolnshire.gov.uk**

Web: **www.lincolnshire.gov.uk/adultcare**



Grab handles



Bed table



Hand rail



Hand trolley



Tap turners

We suggest you consider the following questions before buying any assistive technology. If you are in any doubt about what technology might help meet your needs, you can contact your council or visit <https://asksara.livingmadeeasy.org.uk>

You can download and print this checklist at www.carechoices.co.uk/checklists

Suitability

- Does the equipment support your specific needs?
- Are you willing to use it?
- Will it fit into your everyday life and routine?
- Have you tried a demo of the equipment?
- Do you understand what the equipment is for?
- Do you need to take it with you when you leave the house? Is it transportable?
- Does the equipment have any limitations that would make it unsuitable for you?
- Will it work alongside any assistive technology you already have?

Usability

- Is a simpler piece of equipment available, e.g. a pill case rather than an automated pill dispenser?
- Does the equipment need a plug socket, and will its wire cause a trip hazard?
- Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you?
- Are you able to use it? Are there any aspects you don't understand?
- Is it portable?

Notes

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- Will it need to be installed by a professional?
- Can the retailer provide you with training in using the equipment?

Reliability

- Will it work if you have pets or live with other people, e.g. could someone else set off a sensor alarm by accident?
- Have you read reviews of the particular piece of equipment you are looking at? Consider these before making your purchase.
- Can you speak to someone who already uses it?
- Does it require batteries? Find out how often they will need changing and whether the equipment will remind you to do this.
- Is it durable? If you might drop it, is it likely to break?

Cost

- Do you know how much it costs?
- Will you need to pay a monthly charge?
- Are there alternative solutions that might be free?
- Is there a cost associated with servicing the equipment?

Specialist equipment

There is a range of equipment available to make life easier and to improve safety and independence in the home, such as stair rails, raised toilet seats and shower stools. These items are often referred to as 'simple aids for daily living'.

The Disabled Living Foundation (DLF) provides a quick and easy-to-use online guided advice service called AskSARA, which can help anyone who finds that they have difficulties with everyday tasks. Visit <https://asksara.livingmadeeasy.org.uk> to learn more about possible solutions or see pages 13 to 14. Once you have identified equipment that might help with your support needs, use the checklist on page 15 to make sure it's right for you.



Telecare

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. Sensors, when activated, will connect to a response centre where trained operators will contact the individual through their home unit. They will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services.

Telecare can allow users to regain confidence in their homes and remain independent. Relatives and carers are also reassured, safe in the knowledge that, should an incident occur, they will know about it.

Useful contacts

Healthcare Pro

A national organisation offering thousands of daily living and disability aids to purchase privately.

Tel: **0345 121 8111**

Email: customerservice@healthcarepro.co.uk

Web: www.healthcarepro.co.uk

Lincolnshire Integrated Community Equipment Service (ICES)

Lincolnshire County Council's equipment service can provide a range of items, from walking frames to mobile hoists, to help you remain living independently. You may have to pay for some items provided by this service, depending on the outcome of an adult care assessment (see page 17).

Tel: **01522 782155**

Some devices can also help to monitor particular health conditions and reduce the need for hospital admission.

You can buy telecare and assistive technology from private companies and organisations or, if you're eligible through an assessment (see page 17), Lincolnshire County Council may be able to provide support to help you access equipment.

For further information, visit www.lincolnshire.gov.uk/help-live-home/telecare



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

✉ hello@myfamilyourneeds.co.uk

🐦 @WeAreMFON

- Birth to adulthood
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Support from the council

The way councils provide services to eligible adults and their carers is called personalisation. This term is used to describe a number of ways in which eligible adults can receive a mixture of local authority and Government money to pay for the care services

they need without direct council involvement. If you approach the council for social care support, your needs and finances will be assessed. If you have a carer, they can be involved and have their needs assessed too.

Your assessment

If you appear to have care or support needs, you have the legal right to an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services.

The assessment (which is free) will consider:

- how you can best be supported to live as independently as possible;
- your home and how you are coping in it;
- your emotional wellbeing;
- your diet; and
- any health and medical treatments you need.

You will need to contact Adult Social Care to arrange an assessment. Call **01522 782155**.

Once Adult Social Care understands your care and financial needs it will be determined what services you may be eligible for and who will pay for them.

The council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment.

Information on paying for care can be found at **www.lincolnshire.gov.uk/adult-social-care/paying-care/3** or on page 30 if you are receiving home care and **www.lincolnshire.gov.uk/adult-social-care/paying-care/4** or on page 57 if you are moving into a care home.

Personal Budgets

If you are eligible for support from the council, you may be given a Personal Budget.

A Personal Budget is the amount of money that the council calculates it will cost to meet the support needs of eligible people.

If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances. The money should be spent in line with a support plan that has been agreed by both you and the council and can be either a full or a partial contribution to such costs.

You may also choose to pay for additional support on top of the budget. Any eventual contractual agreement for services is between you and your care provider, not the council.

If you are eligible, a Personal Budget may be taken:

- in the form of a Direct Payment, held directly by you or, where you lack capacity, by a 'suitable person';
- by way of an account held and managed by the council in line with your wishes; or
- as a mixture of the above.

Direct Payments can only be used to pay for the care and support agreed in your care and support plan.



Assessments from hospital

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward. The team may be made up of social workers, carers' officers, mental health workers and housing officers.

Whatever services you need on discharge, adult social care will work with you, your family and carers to either restart services already in place prior to admission or to provide the appropriate services if you are eligible.

Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.



Reablement

Reablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You may need to have an assessment of your care needs to decide whether you are eligible. If you are eligible, a reablement worker will support you for a limited period, usually up to six weeks.

Reablement helps people to learn or re-learn daily living skills. It is not about doing things for you; it is about giving you the skills and confidence to do things for yourself. It can also mean that you do not start to depend on support that could cost you

money. For example, a reablement worker could help you regain your confidence following a fall or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook. They may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or adult social care if you think you might benefit from reablement. They can put you in touch with the right services if they feel that reablement will help you.

Intermediate care

This aims to give recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, prevent them from going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. It can be provided by care staff, occupational therapy and physiotherapy, with additional support provided by the local GP surgery, social workers and community nurses. This combined resource helps people to regain their independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free.

It is usually limited to a maximum of six weeks. If, after this, you have ongoing care or support needs, the council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.



NHS Continuing Healthcare

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered. NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person's own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a 'primary health need' and are likely to have complex medical needs and substantial or intense ongoing care needs.

See page 58 for more information.

Personal health budgets

A personal health budget is an amount of money to support a person's identified health needs. It is planned and agreed between the person and their local NHS team.

The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.

Services for carers

Who is a carer?

Carers regularly look after, help or support someone who wouldn't be able to manage everyday life without their help. A carer doesn't have to be living with the person they care for, and the help they give doesn't have to be physical.

The carer may be caring for a partner, another relative, a friend or a neighbour. For example, it may be someone who:

- is over 60;
- is living with dementia;
- has a physical or learning disability or a mental health condition;
- has sight, hearing or communication difficulties;

- has a long-term health condition; or
- misuses drugs or alcohol.

The carer may be helping with:

- personal care, such as washing and dressing;
- going to the toilet or dealing with incontinence;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company; or
- emotional support or communicating.



Having a carers' assessment

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without their support has the right to have their own needs assessed, even if the person they care for has refused support services or an assessment of their own needs.

A carers' assessment is an opportunity for people to tell the council what they need as a carer, and to find out what support might be available. The assessment is an essential first step for carers to get the support they may need. It looks at:

- the care the carer provides and how this affects their life;
- any support they are getting now and what else would help; and

- what they would like their support to achieve.

The assessment can also give lots of information about other services that might help and other ideas for support. The carer's assessment will show if the carer qualifies for support from adult social care.



Carers' Personal Budgets

A carer's Personal Budget is a single payment that can be used towards the cost of something specific that will support carers in their caring role. For example, it could be used for leisure activities, education or training, or just to take a short break from caring.

When adult social care considers a carer's Personal

Budget, it gives priority to situations where there is a significant risk of the carer not being able to continue to provide care if they do not get some support. The amount a carer could get depends on their needs identified by their carers' assessment.

The money is not taxed, and it will not affect any benefits.

Respite at home

Home-based respite services give carers a break from their caring responsibilities. A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed.

Respite at home is considered to be a service for

the person who is being cared for. If they have a Personal Budget for their own needs (see page 17) they could use that money to pay for it.

A financial assessment of the person being cared for will confirm whether they need to pay towards the cost of this service.



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

✉ hello@myfamilyourneeds.co.uk

🐦 @WeAreMFON

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Subscribe today

Benefits

Carers may want to explore whether they are entitled to Carer's Allowance – currently £69.70 per week but this may change over the lifetime of this Directory.

Carers may also qualify for Carer's Premium or Carer's Credit depending on their eligibility. The Government's website (www.gov.uk) has more

information on benefits, including carers' benefits. Alternatively, contact a local carers' organisation which may be able to help undertake a benefit check.

You can find out more about the organisations supporting carers in Lincolnshire by exploring www.lincolnshire.gov.uk/support-carers

Resource for those supporting disabled children

My Family, Our Needs is an online resource providing impartial information for parents, carers and practitioners supporting children from birth to 25 years with additional needs.

As well as guidance, policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships. Visit www.myfamilyourneeds.co.uk



Search for care in your area

www.carechoices.co.uk 

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

 CareChoices



Keeping the life they love, while getting the care they need

People across Lincolnshire are choosing to stay in the comfort of their own homes with Elder live-in care. We work with both families and local authorities to find a skilled and vetted carer who can move in, and help transform later life.

- Provides personalised, one-to-one care
- Supports a range of needs from personal care to housekeeping
- Protects a person's way of life
- Provides a better continuity of care
- Can support recovery and health outcomes
- Helps older couples to stay together
- Affordable alternative to the care home
- Care can be arranged quickly
- Every carer is DBS checked, assessed, and referenced

At Elder we offer:

- Companionship
- On-going or short-term care
- Respite care
- Palliative care
- Dementia care

“Elder provides choice and matches carers to the specific needs of my patients and their families. The service is always responsive and in some cases the request for a carer has been arranged within 48 hours - I couldn't recommend Elder more highly.”

Dr Mashkur Khan, Consultant Geriatrician

Find out if live-in care is right for your situation - speak to a Senior Care Advisor today on
0330 134 2879 | partnerships@elder.org | elder.org

Care in your own home

Carefully chosen home care with a good-quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need

to stay happy and safe. It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared lost.

Why choose home care?

Reasons for choosing home care can vary. Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate. Others can find that a long-term condition or disability means they can no longer cope and they need a bit of help.

After a stay in hospital someone may carry out an assessment of your situation to see if home care will benefit you. You and your family will be fully involved in looking at what will suit you best if you'd like them to be.

Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself. If

this happens, contacting Adult Social Care is a good first step towards finding help.

How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support.

Even those with quite significant and debilitating medical conditions can get skilled personal care that can enable them to stay in their own homes. Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night. For more information about live-in care, see below. A list of all home care agencies operating in Lincolnshire starts on page 35.

Live-in care

Live-in care is a viable alternative to residential care, where a fully trained care worker lives and works in your own home to support your individual needs and help you maintain your independence. The carer must be allowed breaks and have somewhere to sleep at night.

Support available from live-in carers can range from personal care and mobility assistance to more complex health requirements, as necessary. The cost of live-in care varies depending on your circumstances, including the level, type and duration of care that you require.

Any organisation that employs live-in carers is required to register with the Care Quality Commission (CQC) and ensure that its employees follow the essential standards of quality and safety in their practices.

For more information about the CQC, see page 62.




We provide personalised home care packages with care visits available from 30 minutes all the way up to full-time live-in care. Supporting you to live independently in the home you know and love, including:

- Personal Care
- Getting out and about
- House keeping
- Short term-care and more.



Call us today on: 01522 847 541



**Lincolnshire
Based Support
& Care Service**



FocusAbility

LEARNING DISABILITY CARE & SUPPORT

ABOUT US

Finding the **right support** and care provider can be quite scary and take up a lot of time. We can make the important job of finding the right care and support for you, or the person you care for, as simple and straightforward as possible.

At Focusability, we are proud to offer high quality Day care and Community Supported Living services to our clients in **Lincoln** and the surrounding area.



DAY OPPORTUNITIES

We offer social contact and activities for those wanting to meet new friends and learn new skills and promote their independence.



SUPPORTED HOLIDAY

Providing the opportunity to plan and be as fully "in control" of their holiday as possible to provide the true holiday experience they imagined.



COMMUNITY SUPPORTED LIVING

FocusAbility's view of Community Supported Living is to encourage people to access the support and care they need to live as independently as possible.

 **01673 844 423**



Ryland Road, Dunholme, Lincoln LN2 3RS



info@focusability.co.uk

www.focusability.co.uk

Finding the right support

This Directory offers a website service allowing you to search by postcode or region for care homes, care homes with nursing and home care providers that meet your requirements across the country. Your search can be sent to you by post or email.

If you are searching online, the results can be saved and emailed to others. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.

Whatever your care needs, this Directory and the Care Choices website service will be able to point you in the best direction, however you would like care information presented. Visit www.carechoices.co.uk

The Care Quality Commission (www.cqc.org.uk) is responsible for checking that any care provided meets essential standards of quality and safety. Further information is on page 62.

The Homecare Association requires its members to comply with a code of practice.

This code includes a commitment to treat customers with dignity and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handypersons or gardeners. However, some home care agencies are increasingly providing staff who can help meet these needs too. The benefits of using a regulated agency include:

- assessing your care needs and tailoring a plan to meet those needs;
- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers' pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.

Living with dementia at home

If you are concerned about persistent forgetfulness or memory difficulties, it is important to consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, adult social care and voluntary agencies.

Some examples of services and support to help people living with dementia include:

- specialist day centres;
- respite care or short breaks;
- assistive technology and community alarms;
- home care;
- meals at home;

- community equipment;
- extra care sheltered housing; and
- carers' support groups.



Family support

If you know someone who is worried about their memory, encourage them to visit their GP.

The more support you can give someone, the better life with dementia can be, especially in the early years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person with dementia, and find out more about the condition.

When someone is living with dementia, they need:

- support to live their life;
- reassurance that they are still valued and that their feelings matter;

- freedom from as much external stress as possible; and
- appropriate activities and stimulation to help them to remain alert and motivated for as long as possible.



Dementia Friends

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. Dementia Friends is giving people an understanding of dementia and the small things they can do that can make a difference to people living

with dementia – from helping someone find the right bus to spreading the word about dementia.

See www.dementiafriends.org.uk for further information.

Respite care

Spouses, partners and relatives who care for a person with dementia may require a break from their caring responsibilities. This is known as ‘respite care’ and may be a regular break of a few hours a week or a period of a few weeks.

It may be planned or be required in an emergency

and can involve the person with dementia attending a day centre or a care worker visiting the person’s home to enable the carer to have a break.

Contact the council to see if you are eligible for support with arranging these services – see page 17 for information on assessments.

Care at home

It can often be best for a person with dementia to stay living in their own home for as long as possible.

This may mean that they require some support services at home.

The person living with dementia will respond best to the same care staff who know them well. Continuity of care can be provided by either care agencies or carers employed directly by the person or his or her family.



Specialist dementia day centres

A good day care service will be able to offer a range of activities and support that will enable the person with dementia to retain skills and remain part of their local community.

Specialist day centres for people with dementia should be organised and run with their needs in mind, aiming to build on their strengths and abilities.

Activities may include outings, entertainment, personal care, meals, hairdressing and support for carers.

Attendance at day centres can be offered from just a few hours a week to several days. Contact the council or your local Alzheimer's Society office for more details. See 'Useful local contacts' beginning on page 87.

Local dementia support groups

Joining in new activities and sharing experiences with other people can be a positive and rewarding experience for those with dementia.

Every effort has been made to check the accuracy of the following information. However, it is subject to change during the lifetime of this Directory. For the latest information, contact the provider directly.



Boston

Boston Caring Companions Carers Support Group

The Orchards, Causeway, Wyberton PE21 7BS
Tel: **01205 871465**
Email: **alaninwrangle@gmail.com**

Boston Dementia Café

Run by Alzheimer's Society.
Len Medlock Centre, St Georges Road PE21 8YB
Tel: **01522 692681**
Email: **lincoln.enquiries@alzheimers.org.uk**
Web: **www.alzheimers.org.uk**

Memory Lane Dementia Day Service

Mayfields Extra Care Scheme,
Broadfield Lane PE21 8DY
Tel: **01205 318588**
Email: **memorylane@lincolnshirehp.com**

East Lindsey

Alford Dementia Support Group

Alford War Memorial Hall, Chantry Road,
Alford LN13 9HW
Tel: **01507 463262**
Email: **annedncn@gmail.com**

Louth Memories Matter Dementia Café

Trinity Centre, Eastgate LN11 8DJ
Tel: **01507 605803**
Email: **trinity@teamparishoflouth.org.uk**

Still Me Dementia Support Project

Run by Magna Vitae Trust across various locations.
Tel: **01507 681811 / 07500 020193**
Email: **elizabeth.atkin@mvtlc.org**

Spilsby Memory Support Café

Run by Order of St John Care Trust.
Eresby Hall, Ancaster Avenue PE23 5HT
Tel: **01790 752495**



→ Lincoln

Lincoln Dementia Café

Run by Alzheimer's Society.
Bracebridge Community Centre,
Maple Street LN5 8QT
Tel: **01522 692681**
Email: lincoln.enquiries@alzheimers.org.uk
Web: www.alzheimers.org.uk

Lincoln Singing for the Brain Group

Run by Alzheimer's Society.
Holy Cross Church Hall,
Skellingthorpe Road LN6 7RB
Tel: **01522 692681**
Email: lincoln.enquiries@alzheimers.org.uk
Web: www.alzheimers.org.uk

North Kesteven

ONENK Dementia Hub

Moor Lane, North Hykeham, Lincoln LN6 9AX
Tel: **01522 701308**
Email: NKhealth@gll.org
Web: www.better.org.uk/nk-health-walks-and-dementia-walks

Sleaford Dementia Café

Run by Alzheimer's Society.
The Source, Southgate NG34 7RY
Tel: **01522 692681**
Email: lincoln.enquiries@alzheimers.org.uk
Web: www.alzheimers.org.uk

Sleaford Dementia Support

Tel: **07761 610664**
Email: sleafordds@gmail.com
Web: www.facebook.com/sleafordds2016



South Holland

Holbeach Here-4-U

WI Hall, Park Road PE12 7EE
Tel: **01775 421290 / 07443 628489**
Web:
www.facebook.com/Here-4-u-174773009944914

Long Sutton Outreach

Run by Royal British Legion.
West Street PE12 9BN
Tel: **01406 426508**

The Meadows Day Centre

1 The Meadows, Spalding PE11 1XR
Tel: **01775 720305**
Web: www.themeadowsspalding.co.uk

Tonic Health

6 Broadgate House, Westlode Street,
Spalding PE11 2AF
Tel: **01775 725059**
Email: dementiasupport@tonic-health.co.uk
Web: www.tonic-health.co.uk

South Kesteven

Dementia Support South Lincs

Wake House, 41 North Street,
Bourne PE10 9AE
Tel: **01778 426756**
Email: info@dementiasupportsouthlincs.co.uk
Web: www.dementiasupportsouthlincs.co.uk

Forget-Me-Not Grantham

8 St Peters Hill NG31 6QB
Tel: **01476 594533**

Grantham Dementia Café

Run by Alzheimer's Society.
Belton Park Golf Club, Belton Park NG31 9SH
Tel: **01522 692681**
Email: lincoln.enquiries@alzheimers.org.uk
Web: www.alzheimers.org.uk

Grantham Dementia Drop In

Run by Grantham Volunteer Dementia Support.
George Centre, High Street NG31 6LH
Tel: **01476 585756**

West Lindsey

Assist Dementia Support Group

Tel: **01522 370164**

Email: contact@assistlincs.org.uk

Web: www.assistlincs.org.uk

Gainsborough Memory Support Café

Run by Order of St John Care Trust.

Foxby Court, Middlefield Lane DN21 1QR

Tel: **01427 613376**

Nettleham Buddies Dementia Café

Nettleham Village Hall, Brookfield Avenue LN2 2SS

Web: www.buddiesdementiacafe.co.uk

West Lindsey Dementia Support Group

Gainsborough Methodist Church,
North Street DN21 2HP

Tel: **01427 613033**

Web: www.facebook.com/West-Lindsey-Dementia-Support-Group-367196413483976

Alzheimer's Society

This leading charity works to improve the quality of life of people affected by dementia. If you have concerns about any form of dementia, please contact your local office for information and support and access to local services. See page 87 for contact details.

Alzheimer's Society's National Dementia Connect support line is available on **0333 150 3456** and

can provide information, support, guidance and signposting to other appropriate organisations. The support line is open from 9.00am to 8.00pm, Monday to Wednesday; 9.00am to 5.00pm, Thursday and Friday; and 10.00am to 4.00pm, Saturday and Sunday.

For more information on care homes for people with dementia, see page 57.

Dementia Support Service Lincolnshire

The service, provided by the Lincolnshire Partnership NHS Foundation Trust, gives people access to a support worker who will provide guidance and advice throughout all stages of dementia. Support workers are based in the community, working from the different memory clinics across the county. The service accepts

referrals from the public and professionals in health and social care, such as from GPs.

To make a referral, call **0303 123 4000**, email lpft.dementiasupportservice@nhs.net or visit www.lpft.nhs.uk/our-services/older-adults/dementia-support

Search for care in your area

www.carechoices.co.uk



With so many providers to choose from,
where do you start?

 CareChoices

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

If you have more than £23,250 in savings or capital, you will have to pay the full cost of your care. The value of your home is not counted when working out charges for non-residential care. If you have more than £23,250, you should tell Adult Social Care when your savings are likely to fall below this amount.

The council calculates charges in accordance with

national eligibility criteria set by the Government. This ensures people are only required to pay what they can afford, taking into account capital, income and expenditure.

Your assessment looks at how much money you have coming in, gives an allowance (set by the Government) for everyday living expenses and makes allowance for disability-related expenditure. This is the extra amount you spend as a result of your disability or illness. Adult Social Care can help you to identify these costs. They will also carry out a full benefit check and, if you want them to, assist you with claiming your full entitlement.

Figures mentioned here may change over the lifetime of this Directory.

Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support, you may be eligible to claim Attendance Allowance (AA) or Personal Independence Payments (PIP). AA and PIP are non-means-tested benefits. Provided you are eligible, you can receive AA or PIP regardless of how much income or capital you have. AA is payable to people over the age of 65 and PIP to those aged 16 to 64. There are different rates that can be awarded, dependent on the level and type of help you need. These can be found at www.gov.uk

Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers that focus specifically on care funding advice, often referred to as specialist care fees advisers. They are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any product they recommend.

Money Helper

A free and impartial money advice service set up by the Government.

Web: www.moneyhelper.org.uk

Society of Later Life Advisers (SOLLA)

Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life.

Web: www.societyoflaterlifeadvisers.co.uk

Further information on paying for care can be found beginning on page 57.





The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

✉ hello@myfamilyourneeds.co.uk •  [@WeAreMFON](https://twitter.com/WeAreMFON)

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

Join the family

D P A



Telephone: 01775 630411

**Your Local Care Provider
On Duty 24 Hours a Day, Every Day**

Our Person Centred service ensures our clients are in charge of their care and how it is delivered.

Our staff are specially trained in End of Life Care to provide a palliative service at home.

We work closely with Saint Barnabas, Marie Curie and Macmillan nurses to ensure a one-to-one continuity of care to our client and their loved ones at this most sensitive time.



Our service also covers:

- Temporary Cover to Nursing and Residential Homes
- Community Domiciliary Care • Supported Living
- Working with Physical and Learning Disabilities
- Respite Cover • Live in Care • Dementia Care



We strive to maintain a high level of service through training and the dedication of our staff.

We would like to invite anyone wishing to join our team, call us for an informal chat.

Agency 1

Agency 2

Agency 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

About the agency

How long has the agency been operating?

How long are staff allocated per visit?

Can you contact the agency in an emergency or outside office hours?

Does the agency have experience with your specific needs?

Staff

Are you likely to be visited by different staff each day?

Are all staff checked with the Disclosure and Barring Service?

Will you be notified in advance if your care worker is on holiday or sick?

Are staff matched to you specifically, based on your needs and preferences?

Can you meet your care worker(s) before they start?

Does the agency have both male and female staff?

Accommodating your needs

Can the agency accommodate your needs if they increase? Ask about the process for this.

Does the agency have a training scheme in place?

Are all staff trained to a certain level?

Are staff able to help with administering medication if required?

Is there a way for staff to communicate with each other about the support they provide when they visit you? How?

Regulation

Will your support plan be reviewed at regular intervals?

Can you see the agency's contract terms?

Can you lodge a complaint easily?

Are complaints dealt with quickly?

Can you see a copy of the agency's CQC registration certificate and quality rating?

Notes

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*See page 62.

BLOSSOMING HEARTS CARE AGENCY LTD

Blossoming Hearts is a family run Award Winning Care Agency in Grantham and surrounding area.

Our company offers a wide range of Services in the comfort of your own home ranging from 1 hour to 24 hours a day, seven days a week.

We offer **Dementia, Personal, Palliative, Live-in** care packages and companionship.

Please see our outstanding reviews on Homecare.co.uk

Tel: 01476 210224 | 07588 775845

Email: blossominghearts@outlook.com



Age Care Advice



WE OFFER PRACTICAL SUPPORT, ADVICE & GUIDANCE 7 DAYS A WEEK

Our friendly Companions and Care Workers offer one to one care and social support to those living in their own homes or care homes and will enable you to have complete peace of mind that your loved one's best interests are held in the highest regard.

We are passionate about the care of everyone, from vulnerable young adults to your loved ones in their golden years. We pride ourselves on going above and beyond for all those we support to ensure they get the very best care, support and guidance during their time with us.

www.agecareadvice.co.uk

agecareadvice.team@nhs.net

GIVE US A CALL

01778 219639



Careshaw Ltd

Our day starts with you

Dedicated to providing care that is always personalised and appropriate. Whether we're assisting you with personal hygiene and staying active, or helping you unpack the shopping, **our day starts - and ends - with you.**

As one of our valued service users, you'll be provided with a personal care plan that befits your needs and is closely monitored. If you're a relative or carer, we'll slacken the reins for you, freeing up more time for yourself and your other duties.

01754 896985 | info@careshawltd.co.uk
07488 320 810 | www.careshawltd.co.uk



JOY TLC

"HELPING HAND NURSES" AGENCY

The people that care

Our home care department is registered by CQC as 'Helping Hands Nurses Agency' (HHNA Lincoln) to provide one-to-one care services for children and adults in the community.

We are rated as "GOOD" in the last CQC Inspection.



Helping Hands Nurses Agency delivers supportive home care at the discretion of our users and their loved ones. We provide affordable, individualized, person-centred care. Tender loving care delivered by competently trained, qualified caregivers, who have been rigorously vetted.

We also supply care staff to hospitals, residential care homes and other healthcare organisations

Helping Hands Nurses can help with:

- Personal care
- Assist with prescribed medications
- Pension collection
- Getting up and putting to bed
- Shopping
- Preparing Meals and helping at meal time.
- Light domestic housework
- Visits to day centres, friends and families
- Accompany our clients to doctor appointments.

JTLC IS A SPECIALIST CARE RECRUITMENT AGENCY, EVERY LEVEL OF EXPERIENCE IS CONSIDERED.

WE ARE AN EQUAL OPPORTUNITY EMPLOYER. FULL TRAINING PROVIDED.

RECRUITMENT



helpinghandnurses@outlook.com

www.helpinghandnurses.org

07772741217

Home care providers

These listings are broken down into regions across Lincolnshire; however, please note that agencies may provide support outside of the area they are listed in. Contact the providers for more information.

Boston

Advance Lincolnshire

Boston
Tel: 0333 012 4307

LDA MH YA

Flo's Friends ●

Boston
Tel: 07411 846692

OP D PD LDA YA

Angels on Call, The

Boston
Tel: 07572 592471

OP D PD SI YA

Healthy Homecare Services Ltd ●

Boston
Tel: 07951 548684

OP D PD LDA MH SI YA

Careshaw Ltd

Skegness
Tel: 01754 896985

Advert page 34
OP D YA

Town and Country Care ●

Boston
Tel: 01205 354329

OP D PD SI YA

Cera – Lincolnshire

Boston
Tel: 01205 631101

OP D PD LDA MH SI YA AD

Walnut Care at Home ●

Boston
Tel: 01205 280101

OP D PD LDA SI

East Lindsey

Allways Care Community Support Agency

Skegness
Tel: 01754 612720

OP D PD LDA MH SI

County Care Independent Living Ltd Lincolnshire Office ●

Skegness
Tel: 01754 611153

PD LDA MH SI YA

Beeches, The

Louth
Tel: 01507 603862

OP

Great Care Company Lincolnshire North, The

Louth
Tel: 01507 389589

OP D PD MH SI YA

Bluebird Care North East Lincolnshire & West Lindsey

Grimsby
Tel: 01472 601177

Advert page 36
OP D PD LDA MH SI YA

Libertas ●

Louth
Tel: 01507 206666

OP MH YA

Meadows Court Care Home ●

Skegness
Tel: 01754 872302

OP D PD MH YA

Caresmiths UK Ltd

Grimsby
Tel: 07889 727998

OP D PD SI

Orchard Care at Home

Mablethorpe
Tel: 01507 472203

OP D PD YA

Community Support Services

Mablethorpe
Tel: 01507 478482

LDA

Russell Green Care Home

Woodhall Spa
Tel: 01526 352879

OP D PD

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted



- Domiciliary Care
- Complex Care
- Live-in Care

Enquire about care today!

Bluebird Care Lincoln

Areas Covered: Lincoln, Horncastle, Skegness, Boston and surrounding villages.



01522 538656



lincoln@bluebirdcare.co.uk

Bluebird Care South Lincolnshire

Areas Covered: Sleaford, Grantham and surrounding villages.



01476 859859



southlincolnshire@bluebirdcare.co.uk

Bluebird Care North East Lincolnshire & West Lindsey

Areas Covered: Grimsby, Cleethorpes, Louth, Market Rasen, Gainsborough and surrounding villages.



01472 601177



nelincolnshire@bluebirdcare.co.uk

Lincoln

Age UK Lincoln & South Lincolnshire ●

Lincoln

Tel: 01522 696000

OP D PD MH SI YA

Allerton C&S NE Ltd ●

Lincoln

Tel: 01522 539626

OP D PD LDA MH YA

Ambassador Homecare Ltd ●

Lincoln

Tel: 01522 683532

Advert page 38

OP D PD SI YA

AMG Nursing and Care Services Lincoln Branch

Lincoln

Tel: 01522 535660

OP D PD LDA MH SI YA AD

Annicare Ltd

Lincoln

Tel: 01522 542387

OP D PD LDA MH SI YA AD

Autism Care Community Services (Lincolnshire)

Lincoln

Tel: 01526 322444

LDA

Beech House

Lincoln

Tel: 01522 308824

OP D PD LDA MH SI YA AD

Bernadette House ●

Lincoln

Tel: 01522 521926

Advert page 72

OP D PD SI YA

Bluebird Care Lincoln ●

Lincoln

Tel: 01522 538656

Advert page 36

OP D PD SI YA

Bspoke Social Care

Lincoln

Tel: 07495 050154

OP D PD LDA MH YA

Camli Care Ltd

Lincoln

Tel: 07387 710872

OP D PD YA

Christall Healthcare

Lincoln

Tel: 01522 569126

OP D PD MH SI

Cottage Residential Home, The

Lincoln

Tel: 01526 320887

OP D PD

Dimensions Lincs & North Norfolk Domiciliary Care Office

Lincoln

Tel: 0300 303 9001

OP LDA

EarlyBird Lifestyle Support Ltd

Lincoln

Tel: 01522 424161

OP D PD LDA MH SI YA AD

Fosse Healthcare – Lincoln

Lincoln

Tel: 01522 217367

OP D PD LDA MH SI YA AD

Fosse Healthcare – Lincoln South

Lincoln

Tel: 01522 440306

OP D PD LDA MH SI YA AD

Headsmart Rehab Ltd

Lincoln

Tel: 01522 581754

OP PD SI YA

Heart 2 Heart Staff Solutions

Lincoln

Tel: 01522 684422

OP D PD SI YA

Helping Hands Lincoln

Lincoln

Tel: 01522 847 541

Advert page 23

OP D PD LDA MH SI YA

Helping Hands Nurses Agency (HHNA Lincoln)

Lincoln

Tel: 07772 741217

Advert page 34

OP D PD LDA MH SI YA AD

HFHC Healthcare Ltd

Lincoln

Tel: 01522 246454

OP D PD LDA MH SI YA

Housing and Support Solutions – Lincoln

Lincoln

Tel: 01522 683857

LDA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted



LOCAL CARE FOR LOCAL PEOPLE

PERSONAL HOMECARE

PERSON-CENTRED SUPPORT AT HOME

We provide personal home care to help with the more intimate or personal daily routines which may have become more difficult.

Our home care services are tailored to suit individual needs. Matching each person's needs and aspirations is important to ensure that personal, positive outcomes are met.

CONTACT US

Ambassador HomeCare
Unit J3, The Point, Weaver Road
Lincoln, LN6 3QN

enquiries@ambassadorhomecare.com

 **01522 683532**



The client is always at the centre of the whole process; their rights and ability to make informed choices being integral to this.



Family members and friends are full partners; their contribution and values are recognised and invited.



There is a shared commitment to recognising and acting upon each person's rights.



Services are delivered in the context of the life each client chooses, both now and in their future; recognising the valuable contribution each person can make to their chosen community.



The process is organic; it will grow and change according to the needs and aspirations of each person and the rate of change and growth will be determined by them.

Lincoln continued

Kids Lincoln Office

Lincoln
Tel: 01522 542937

YA

Laurels, The

Lincoln
Tel: 01522 532596

OP PD MH SI YA

LJM – Homecare Lincoln ●

Lincoln
Tel: 01522 700400

OP D PD YA

Major Oak Homecare Ltd

Lincoln
Tel: 01522 217035

OP D PD MH YA

MAK Community Care Lincolnshire

Lincoln
Tel: 01522 457220

D PD LDA MH SI YA AD

Marrissa Care Ltd

Lincoln
Tel: 07594 978421

OP D PD LDA MH YA

MSP Case Management Ltd

Lincoln
Tel: 01673 885683

OP D PD LDA MH SI YA AD

Namron Care Provider Ltd ●

Lincoln
Tel: 01522 528820

OP D LDA YA AD

Presious Healthcare Ltd

Lincoln
Tel: 01522 262670

Advert page 40
OP D PD SI YA

Sagecare (Lincoln)

Lincoln
Tel: 01522 694927

OP D PD LDA MH SI YA

Sagecare (Olsen Court)

Lincoln
Tel: 01522 589856

OP D PD LDA MH SI YA

St Katherine's Care Ltd ●

Lincoln
Tel: 01522 437949

OP D PD LDA MH SI YA

Unique Homecare Services (Lincoln) Ltd ●

Lincoln
Tel: 07738 391255

OP D PD MH YA

Witham Valley Care Group – DCA

Lincoln
Tel: 01522 789354

LDA

York House

Lincoln
Tel: 01526 860378

OP D PD SI



www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs.

North Kesteven

Forget Me Not Home Care Ltd

Sleaford
Tel: 01529 240335

OP D PD SI YA

Homecare Helpline

Sleaford
Tel: 01529 497001

OP D PD

Prestige Nursing Sleaford

Sleaford
Tel: 01529 350075

Advert page 40

OP D PD LDA MH SI YA AD



Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted



Precious Healthcare LTD



Precious Healthcare Ltd provides a variety of in-home and live-in home care services to younger and elderly individuals who require specialised care in and around Lincoln & surrounding villages.

Our aim is to help our service user remain independent by giving them the support they need to live comfortably in their own home.

Tel: **01522 262670**
 Email: precioushome2homecare@gmail.com
www.precioushome2homecare.co.uk



At Procure Domiciliary Services Ltd, we aim to provide the best quality care based on individuals needs and preferences with consent and safety.

P – Person Centred
R – Reliable
O – Outstanding Provider
C – Caring
A – Accountable
R – Respectful
E – Effective in Ensuring Safety and Empowerment



8 Circus Approach, Spalding PE11 1WN | www.procure-domiciliary.com
 07735 815099 • 01775 712270 | info@procure-domiciliary.com




If you need the assistance of a leading care provider, look no further than For You Healthcare. We provide a comprehensive range of services, including:

- Dementia & Alzheimer's Care
- Palliative Care
- Personal Care
- Reablement Care
- Respite Care
- Companionship

Live in care
 Stay Independent and Safe in your own home with 24 hour one to one care. An affordable alternative to a care home.



T: 01778 219 062 • E: admin@foryouhealthcare.co.uk
 W: www.foryouhealthcare.co.uk
 3 High St, Market Deeping, Peterborough, PE6 8ED

EXPERT CARE AT HOME FOR ALL OF LIFE IN SLEAFORD



OUR HOME CARE SERVICES INCLUDE

- ✦ Expert nurse-led care
- ✦ Sensitive personal care
- ✦ Considerate companionship

- ✦ Facilitation of hospital discharge
- ✦ Palliative / End-of-life care
- ✦ Condition-led care



CARE FOR
all of life

sleaford@prestige-nursing.co.uk
☎ 01529 350 075
prestige-nursing.co.uk

South Holland

Action Homecare

Long Sutton
Tel: 01406 365793

OP D MH

Libertas HBRS

Spalding
Tel: 01775 888340

OP D PD LDA MH SI YA AD

Adderley Court Apartments

Spalding
Tel: 01227 454627

LDA YA

Lincolnshire Home Care Ltd

Spalding
Tel: 01775 722887

OP D PD LDA YA

Aphoenix Care

Spalding
Tel: 0333 358 0221

OP D PD MH SI YA

Procare Domiciliary Services Ltd

Spalding
Tel: 01775 712270

Advert page 40
OP D PD LDA SI YA

Atlas Care Services Ltd Lincolnshire ●

Spalding
Tel: 01775 660189

OP D PD LDA MH SI YA

Sharon Brinkman Care Services Ltd

Spalding
Tel: 07746 445519

OP D PD MH YA

Direct Personnel Agency Ltd

Spalding
Tel: 01775 630411

Advert page 32
OP D PD LDA MH SI YA

Southernwood House

Spalding
Tel: 01775 760563 Advert page 56

OP D PD YA

Domiciliary Care Agency East Area

Spalding
Tel: 01406 490616

LDA YA

TESS CIC ●

Spalding
Tel: 01406 259832

OP LDA MH SI YA

Good Companions Spalding Ltd

Spalding
Tel: 07824 443785

OP D PD SI YA

Welland & Glen Home Care Ltd

Spalding
Tel: 07874 048375

OP D PD SI

South Kesteven

Age Care Advice Limited

Bourne
Tel: 01778 219639

Advert page 34
OP D PD LDA SI YA

Bloomsbury Home Care – Lincolnshire

Bourne
Tel: 01778 218806

OP D PD LDA MH SI YA AD

Ansar Projects

Grantham
Tel: 0300 002 4040

OP LDA YA

Blossoming Hearts Care Agency Ltd

Grantham
Tel: 01476 210224

Advert page 34
OP D PD YA

Attention 2 Care

Grantham
Tel: 01400 281128

OP D PD YA

Bluebird Care (Peterborough & Rutland)

Stamford
Tel: 01780 480881

OP D PD LDA SI YA

Autumn Park Business Centre

Grantham
Tel: 07957 113046

OP D PD LDA MH SI YA AD

Camden Society London, The

Grantham
Tel: 0208 485 8177

OP LDA YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted



Greenwood
homecare

Do you need care at home in Grantham?

If you need a little extra support at home, our carers can help. We are able to support with personal care, shopping, cleaning, and companionship and offer pop-in calls of as little as thirty minutes, through to live-in care. Care at home is the perfect choice if you want to stay in the comfort of your own home and you need extra support and the reassurance of carers to help you maintain your daily routine.

- We will put together a **care plan based around your needs**, with as much or as little support as required.
- Our **friendly carers** are trained and supported to exceptional standards.
- You are able to **keep your independence** and avoid the upheaval of moving into a care home.
- We provide support from our office nearby with a team of supervisors, who are on hand **24 hours a day**.



"From not knowing where to begin to look for the highest level of personal support for my mother we have found this and more from the outstanding care and guidance provided by Greenwood Homecare."



For more information, or to arrange a free assessment, call 01476 849522, or email grantham@greenwoodhomecare.co.uk



30 High Street, Grantham,
Lincolnshire, NG31 6PH

We cover Grantham, and all surrounding villages within 15 miles

South Kesteven continued

Caring Companions 4 U Ltd

Grantham
Tel: 07452 976226 **OP D PD LDA MH SI YA AD**

Charisma Services

Grantham
Tel: 07791 238742 **OP D PD LDA MH SI YA**

Evergreen Care Trust Stamford ●

Stamford
Tel: 01780 765900 **OP D PD MH SI YA**

For You Healthcare Ltd ●

Peterborough **Advert page 40**
Tel: 01778 219062 **OP D PD LDA MH SI YA AD**

Greenwood Homecare Grantham ●

Grantham **Advert page 42**
Tel: 01476 849522 **OP D PD LDA MH SI YA**

Helping Hand

Grantham
Tel: 01476 512394 **OP D PD LDA MH SI YA**

Home Instead Senior Care – Bourne

Bourne
Tel: 01778 243100 **OP D PD LDA MH SI YA**

Key 2 Care

Grantham
Tel: 01476 589456 **OP D PD SI YA**

LCMB Therahealth Homecare

Bourne
Tel: 01778 243110 **OP D PD YA**

Libertas Stamford & Bourne

Bourne
Tel: 01778 252510 **OP D PD MH YA**

Lily Mae Homecare Ltd

Peterborough
Tel: 01778 218157 **OP D PD YA**

Lincolnshire Domiciliary Care Branch

Grantham
Tel: 01476 590901 **OP PD LDA MH SI YA**

Oaksfield Care Ltd

Grantham
Tel: 01476 852755 **OP D PD LDA MH SI YA AD**

Percurra Grantham & Newark ●

Grantham
Tel: 01476 859843 **OP D PD LDA MH SI YA**

Royal Mencap Society – Lincolnshire Domiciliary Care Agency

Bourne
Tel: 01778 423726 **OP D LDA YA**

Sense – Community and Supported Living Services (East)

Peterborough
Tel: 01778 382244 **OP D PD LDA MH SI YA AD**

Thera East

Grantham
Tel: 0300 303 1253 **OP LDA YA**

Thera East Anglia

Grantham
Tel: 0300 303 1281 **OP LDA YA**

Thera East Midlands ●

Grantham
Tel: 0300 303 1282 **OP LDA YA**

Thera North

Grantham
Tel: 0300 303 1283 **OP LDA YA**

Thera South Midlands

Grantham
Tel: 0300 303 1808 **OP LDA YA**

Thera South West

Grantham
Tel: 0300 303 1254 **OP LDA YA**

Time4Care Ltd

Grantham
Tel: 07583 985458 **OP D PD MH SI YA**

Wright Care at Home

Stamford
Tel: 01780 489227 **OP D PD MH SI YA**

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

West Lindsey

Amber Care (Lincolnshire) Ltd

Market Rasen

Tel: 01673 308501

OP D PD LDA MH SI YA

Butterflies Care & Support Ltd

Lincoln

Tel: 07538 742693

OP PD LDA MH

FocusAbility Support and Care Services

Market Rasen

Tel: 01673 844423

Advert page 24

OP D PD LDA MH SI YA

Lincs

(Clark James HomeCare)

Market Rasen

Tel: 01673 847140

Advert below

OP D PD MH YA

Serenity Care Company Home Care, The

Gainsborough

Tel: 01427 616780

OP D PD LDA MH YA

Trent Nursing

Gainsborough

Tel: 0333 511 3155

OP D PD LDA MH SI YA AD

Visiting Angels Doncaster & Bassetlaw

Gainsborough

Tel: 07401 887776

D PD SI



24 Hour Live In Care

Our care is focused on keeping people safe and happy in the comfort and familiarity of their own home, whilst improving their overall health and wellbeing.

Care is provided on a one-to-one basis and is highly personalised reflecting not just a individual's care needs, but their choices, wishes and social preferences so they are able to maintain as much independence as possible, whilst enjoying the warmth of their own homes.

Whether you have mobility and frailty issues, are recovering from an operation and need convalescent care, or you simply require companionship care at home, our comprehensive live-in care service ensures you can live a fulfilled and meaningful life.

01673 847140



Have a question? get in touch...

homecare@clarkjames.co.uk

clarkjameshomecare.co.uk



Clark James
HomeCare

What Does This Care Include?

- Convalescence care
- Meal planning and cooking
- Domestic and household support
- Day Care
- Personal Care
- Mobility Support
- Companionship
- Mental Health
- Dementia Care



Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Advertisers are highlighted

Housing with care

Housing with care combines independent living in a home with security of tenure, along with care services arranged according to need. Schemes may be run by housing associations, the local authority,

voluntary organisations or private companies.

Properties may be available for rent, mixed tenure or to purchase.

Supported Living

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move or move and take the same support with them. People have greater security of tenure and can claim a wider range of welfare benefits than in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses, clusters of self-contained flats on the same site, shared accommodation, and extra care housing. Individuals, a private landlord, a housing association,

a local authority or a charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This will be tailored to individual need and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed on page 16).

For further information, please contact **Lincolnshire County Council's Customer Service Centre** on **01522 782155** or email **csc_socialcare@lincolnshire.gov.uk**

Shared Lives

Shared Lives is a service for adults with learning or physical disabilities and for older people. It is family-based care provided by individuals and families.

Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

Sheltered housing

Sheltered (or retirement) housing is provided by local authority housing departments and housing associations for older people who would like to remain independent but prefer the added security and reassurance of a scheme manager and an alarm

call service. A scheme manager is either based at the site or visits regularly. Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially adapted facilities.

Extra care housing

Extra care housing is similar to sheltered schemes, with self-contained accommodation together with some communal facilities. In an extra care scheme, instead of low-level support traditionally provided by wardens in sheltered schemes, higher levels of care and support are provided on site by a designated team of care workers, who can be

available 24 hours a day.

Extra care allows you to retain your own tenancy and have care services delivered, ensuring that you can remain safely in your own self-contained accommodation. For information on extra care housing in your region, contact adult social care.

Specific care and support services

Learning disability

If you are living with a learning disability in Lincolnshire, you should contact your local council for support. They might be able to signpost you to local services and assess your needs in case they can help you.

The council aims to keep people independent in their own homes wherever possible but, if you need to move somewhere with care and support, you might like to consider a housing with care scheme – see page 45.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Lincolnshire, starting on page 64.

Any learning disability providers are denoted with **LDA**.

For further information, please contact the **Customer Service Centre** on **01522 782155** or email **csc_socialcare@lincolnshire.gov.uk**

Mental health

If you are worried about your mental health, it's important to remember that you aren't alone. Lots of people have issues with their mental health and there's help and advice available in Lincolnshire to support you.

Lincolnshire's steps2change service should be your first point of contact if you want confidential mental health support. For more information, refer to the following contact details.

steps2change

Tel: **0303 123 4000**

Email: **lincs.spa@nhs.net**

Web: **www.lpft.nhs.uk/steps2change**

Managed Care Network

Lincolnshire's Managed Care Network for mental health supports people who have prior experience of mental health problems, or who are experiencing problems for the first time. Network members work closely with one another to ensure that people affected by mental health problems can enjoy the

best possible quality of life.

County-wide groups and organisations offer a range of activities including social and friendship groups, formal and informal learning, supported volunteering and community participation activities. For more information, refer to the following contact details.

Lincolnshire Partnership NHS Foundation Trust

Unit 8, The Point Lions Ways, Sleaford NG34 8GG

Tel: **01529 222245**

Email: **lpft.mcn@nhs.net**

Shine Lincolnshire

Award-winning network of people and organisations involved in mental health.

Room 25, Commerce House, Carlton Boulevard, Lincoln LN2 4WJ

Tel: **01522 300206**

Email: **info@shinelincolnshire.com**

Web: **https://shinelincolnshire.com**

Physical disability

If you have a physical disability or a long-term illness, adult social care and other organisations in the independent and not-for-profit sectors may be able to signpost you to, or provide you with, a range of

services to help you live as independently as possible.

There are also services available to support someone who may be your carer.

Sensory services

The sensory services team can provide information packs, advice and access to services as well as support from a network of national and local agencies for those who are blind or partially sighted or have a degree of sight loss.

The team offers a service to people with a significant sight loss in both eyes that is not correctable with surgery or glasses. If your sight loss is not as severe as this, the team can give you advice about appropriate support available from other organisations.

If you care for someone with a sensory need, the

sensory services team can carry out an assessment of your needs as a carer to help you to continue to support them. If you require more information or you wish to make a referral, use the following contact details.

Lincolnshire Sensory Services

Wellingore Hall, Hall Street, Wellingore,
Lincoln LN5 0HX

Tel: **0333 320 2667**

Text: **07710 155104**

Email:

contact@lincolnshiresensoryservices.org.uk

Web: **www.lincolnshiresensoryservices.org.uk**

Advocacy

Advocates can give advice, support and information to people of any age. They help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your views and make your own decisions.

Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them.

For all enquiries, use the following contact details.

VoiceAbility Lincolnshire

Tel: **0300 303 1660**

Email: **helpline@voiceability.org**

Web: **www.voiceability.org/support-and-help/services-by-location/lincolnshire**

Planning for end of life

Although the subject of dying is often painful to contemplate, planning for the end of life can be a good way to share your wishes and help your family to know what you would like.

Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices.

You could use the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life.

It is also important to know that all health and social care staff must be trained in communication

regarding end of life care and will be trained in assessing the needs of individuals and carers.

It is worth asking care providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

Planning for your funeral


While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. They may appreciate knowing your wishes and that they can make sure they are considered at your funeral. By detailing your wishes, your family can be comforted by the fact that they don't need to make all the decisions about what you would have liked or wonder whether they are making the right choices. Hospice UK outlines information to help make funeral arrangements easier at www.hospiceuk.org (search 'how to arrange a funeral').

You do not have to instruct a funeral director but, if you do, ensure that the director you choose is a member of either the National Association of Funeral Directors or the National Society of Allied and Independent Funeral Directors. These associations have strict guidelines that members must adhere to.

See page 92 for details of organisations that may be able to help you plan for the end of your life or your funeral.



Search for care in your area

www.carechoices.co.uk 

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests





The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

✉ hello@myfamilyourneeds.co.uk •  [@WeAreMFON](https://twitter.com/WeAreMFON)

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

Join the family



Your care matters

with Barchester

Everyone deserves uncompromising care. That's the passionate belief of the experts in our care homes.

That's why you'll find our people are well-trained in a variety of skills. They're dedicated people who want to celebrate life and improve well-being. And it's why support is given with kindness, respect and dignity.

These are the things that mean the most. And because they matter to you, they matter to us.



BARCHESTER
in Lincolnshire

**[barchester.com/](http://barchester.com/Lincolnshire)
Lincolnshire**

Call to arrange a visit or to find out how we can help:

Braeburn Lodge
Braeburn Road,
Deeping St James, PE6 8GP
01778 752 527

The Cedars
Church Walk,
Bourne, PE10 9UQ
01778 752 591

Newton House
148 Barrowby Road,
Grantham, NG31 8AF
01476 452 380

Tennyson Wharf
Park Lane,
Lincoln, LN1 2ZD
01522 844 151

Wood Grange
Westminster Lane,
Bourne, PE10 9TU
01778 752 570

Residential care • Nursing care • Dementia care • Respite care and short breaks
Hair & beauty salon • En-suite bedrooms • Landscaped gardens • Café

Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC).

The CQC inspects every care home and home care

agency, publishing a report along with a rating. CQC quality ratings must be displayed at the operator's premises and on its website. You can also find inspection reports and ratings for all services on the CQC's website (www.cqc.org.uk).

Types of care home

Care homes (personal care only)

If you need someone to look after you 24 hours a day, but don't need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs. See page 17 for more on assessments.

Care homes with nursing

A care home with nursing provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to work out what care you will need.

This visit might be in your own home, or in hospital if you've been ill, or in a care home. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly: the current amount is £209.19 per week. This figure may change over the lifetime of this Directory – check with adult social care.

For help with finding care homes and care homes with nursing in your area, visit www.carechoices.co.uk

Activities in care homes

The word 'activity' can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. They can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. They should enable people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish.

Lots of care homes now employ a dedicated activity co-ordinator. What they do and how they do it varies from one home to another. Increasingly, they are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision.

Ensure you speak to any potential providers about the activities they provide in their care home.



Country Court Care & Nursing Homes in Lincolnshire

Our care is the kind we'd all want our loved ones to receive. Country Court care and nursing homes are comfortable and beautifully furnished, whilst retaining a warm family atmosphere that makes them feel extra special.

- Person-centred dementia care
- Tailored meaningful activities
- Home cooked food
- Luxury facilities: hair salon, cinema, pub, bistro café, garden*

To find out more about our homes in Boston, Holbeach, Lincoln, Spalding, Tallington and Waltham visit www.countrycourtcare.com or email careenquiries@countrycourtcare.com.

*Facilities vary
between care homes



Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

Staff

- What is the minimum number of staff that are available at any time?
- Are staff respectful, friendly and polite?
- Do staff have formal training?
- Are the staff engaging with residents?

Activities

- Can you get involved in activities you enjoy?
- Is there an activities co-ordinator?
- Does the home organise any outings?
- Are residents escorted to appointments?
- Do the residents seem entertained?
- Does the home have a varied activities schedule?

Life in the home

- Is the home adapted to suit your needs?
- Can you bring your own furniture?
- Are there enough plug sockets in the rooms?
- Are there restrictions on going out?
- Is there public transport nearby?
- Does the home provide any transport?
- Can you make/receive calls privately?
- Can you decide when to get up and go to bed?
- Does the home allow pets?
- Does the home use Digital Care Planning accessible to families?

Personal preferences

- Is the home too hot/cold? Can you control the heating in your room?
- Is the décor to your taste?
- Are there restricted visiting hours?
- Is there somewhere you can go to be alone?
- Does the home feel welcoming?

Catering

- Can the home cater for any dietary requirements you may have?
- Does the menu change regularly?
- Can you eat when you like, even at night?
- Can you have food in your room?
- Is there a choice of food at mealtimes?
- Is alcohol available/allowed if you want it?
- Can visitors join you for meals?

Fees

- Do your fees cover all of the services and activities?
- Are fees likely to change regularly?
- Is the notice period for cancellation of the contract reasonable?
- Could you have a trial period?
- Can you keep your room if you go into hospital?
- Can you handle your own money?

*See page 62.



Our homes in Lincolnshire are *happy* places to live

We pride ourselves on having happy homes, where residents and their families can enjoy spending quality time with each other and develop new friendships along the way.

Our Care team offers residential care for those who need help with daily tasks, and nursing care for people who have complex medical needs, as well as both residential dementia care and nursing dementia care for residents who require it. We also provide short stay (respite) care.

Our homes in Lincolnshire

Aspen Lodge Care Home, Skegness
01754 252309

Doulton Court Care Home, Sutton-on-Sea
01507 623809

Woodview Care Home, Lincoln
01522 844279

Safely welcoming new residents
www.fshc.co.uk



Four Seasons Health Care

Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 53. You can download and print this checklist at www.carechoices.co.uk/checklists

Design

Are there clear signs throughout the home?

Has the home been designed or adapted for people with dementia?

Are the home and grounds secure?

Are there prompts outside the residents' rooms to help people identify their own?

Is the décor familiar to your loved one?

Choices

Do residents get a choice in terms of what they wear each day?

Are residents encouraged to be independent?

Can residents decide what to do each day?

Can residents have a say in the décor of their room?

Activities

Are residents able to join in with household tasks like folding washing?

Are there activities on each day?

Can residents walk around outside on their own?

Are residents sitting in front of the TV or are they active and engaged?

Are there rummage boxes around?

Health

Can residents get help with eating and drinking?

How often does the home review residents' medication?

Does the home offer help if a resident needs assistance taking medication?

Do GPs visit the home regularly?

Staff

Are staff trained to identify when a resident might be unwell?

Are staff trained to spot when someone needs to go to the toilet?

Do the staff have any dementia-specific training/experience?

Will your loved one have a member of staff specifically responsible for their care?

Approach to care

Does the home follow a specific approach to dementia therapy, for example, validation therapy?

Will the home keep you informed about changes to your loved one's care?

Does the home have a specific approach to end of life care?

Does the home keep up to date with best practice in dementia care?

*See page 62.



“Looking after your future wellbeing”



Wellbeing Care Group offer Residential and Homecare services within Lincolnshire. We can provide from short respite to long term care options to support individuals with **Dementia care, physical disabilities and mental health** without nursing. We pride ourselves by maintaining small and medium size homes where we can create a more intimate homely environment.

If you are seeking a “Home” for your loved one **call us** to find out more, we pride ourselves on a fair cost to care without compromising on standards.



Chevington House

01778 421821



Southernwood House

01775 760563



Harrington House

01778 421821

For more information, please contact us:

T: 0121 389 9990 M: mail@wellbeingcaregroup.com

www.wellbeingresidential.co.uk

Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people with dementia. This means that the unique qualities and interests of each individual will be identified, understood and accounted for in any care planning.

The person with dementia will have an assessment and an ongoing personalised care plan, agreed across health and social care. This should identify a named care co-ordinator and addresses their individual needs.

They must also have the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities for Care. For more information on these last two topics, see pages 61 and 47 respectively.

It is important that care and support options are tailored to the needs of the individual. Make sure staff know the person you care for by providing life story books, telling staff about their likes and dislikes and providing belongings that bring comfort and have meaning for them.

Within the home, much is down to the attitude

and skills of the manager and the staff. Do they provide an environment that enables a person with dementia to exercise choice and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions to consider are included in the residential dementia care checklist on page 55.

Design and technology

The design of a care home specialising in dementia needs to be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment.

Plenty of natural light and an easy way of finding one's way around the building and grounds are essential for minimising disorientation.

Staff training

Dementia-specific training is essential to ensure that care home staff understand how best to support and care for people with dementia.

Ask to speak with the Dementia Friends Ambassador and question the placement if the home does not have a specific dementia lead.

Paying for care

When a local authority provides or arranges your services, you may be asked to contribute towards

the cost of care at home or in a care home, depending on your personal circumstances.

Financial assessment

To determine whether or not you will need to contribute towards the cost of your support, the council will conduct a financial assessment. This will look at your capital, savings and income.

Most people are likely to have to contribute something towards the cost of their care. The value of your home is included as part of your capital in this assessment if you are moving into residential care, except in limited circumstances.

It is not included if you are receiving care in your own home. If you choose not to have a financial assessment, you will be responsible for paying the full cost of your care and support.

If you have capital and savings of less than £14,250, you may be asked to contribute part of your income and the local authority may meet the shortfall.

If you have capital and savings of between £14,250

and £23,250, you are likely to have to contribute towards the cost of your care. You may need to contribute part of your income, and a sliding scale operates whereby you contribute £1 for each £250 you have in capital and savings above the lower figure.

If your capital and savings amount to more than £23,250, you will likely have to pay the full cost of your care yourself. However, you are still entitled to an assessment of your needs by the council, and you may be able to get some support with funding your care – see page 59.

Running out of money

If your capital and savings are likely to reduce to £23,250 through payment of care home fees, you must let the council know well in advance. It must undertake an assessment of your circumstances before deciding if it will make a contribution.

If you become eligible for the council's support with funding your care, and the home you are living in charges more than the council's fee levels, you must find someone to help pay the difference. This is known as a 'top-up' or 'third party payment'

These figures may change during the lifetime of this Directory.

If you are eligible for support from the council and you are moving into a care home or care home with nursing, you will be given a choice of homes that charge the amount the council would usually pay for someone with your needs. If the home you choose charges a fee in excess of the local authority's funding limit, you will need to find someone else to meet the additional amount. This is often referred to as a 'third party payment' or 'top-up' (explained further on page 59).

– see page 59 for more information. If funds for a top-up are not available, you will need to find accommodation that can meet your needs at the local authority fee level.

Understanding your rights before moving into care is essential. There are several financial products and specialist companies that may be able to help. It is important to seek independent financial and legal advice before committing yourself to anything. See page 60 for more information.

Non-means-tested support

Some support may be available to you without the council needing to look into your finances.

Benefits

Attendance Allowance and Personal Independence Payments are non-means-tested, non-taxable benefits from the Department for Work and Pensions. There are different rates depending on the level of your needs. Everyone who needs care should consider claiming these benefits.

You cannot usually get Attendance Allowance if you live in a care home and your care is paid for by your local authority. You can still claim Attendance Allowance if you pay for all your care home costs yourself.

If you are entitled to the mobility component

of the Personal Independence Payment, this payment will not stop once you are in a care home and is not included in your financial assessment.

You may also want to consider applying for Universal Credit (if you are under pension age) or Pension Credit (if you are over pension age).

NHS Continuing Healthcare

Fully funded care and support provided and paid for by the NHS. To be eligible, your needs must be primarily health related and are likely to be severe. If you are eligible for NHS Continuing Healthcare, you can receive the services in any setting, including your own home or in a care home.

The NHS will pay if you need healthcare from a community nurse or a therapist as well as personal care to help you at home.

Self-funding your care

Paying for care can be an expensive and long-term commitment, so the council strongly recommends that you seek specialist information and advice before entering into any arrangements. It is important that you seek specialist advice from appropriately qualified and regulated financial advisers – see page 60 for suggested contacts.

Twelve-week property disregard

If your former home is included in your financial assessment but your other capital and savings are less than £23,250, and your income is not enough to meet your care home fees, the council may share the cost of the first 12 weeks of permanent care, provided it agrees that care is needed.

Deferred Payment Agreements

After the twelve-week property disregard period, you may be offered a Deferred Payment Agreement. This allows you to delay selling your

former home during your lifetime.

Any fees paid by the council will be charged against the value of your home and must be repaid once the house is sold or from your estate. Interest is payable throughout the period of the loan and there is also a one-off fee to join the scheme, which covers all legal and administrative costs for the lifetime of the loan.

The council may limit the amount of the loan, depending on the equity in your property.

NHS Nursing Care Contribution

Whether you are a temporary or permanent resident, if you live in a care home that provides nursing care, you may be entitled to a non-means-tested Registered Nursing Care Contribution (sometimes referred to as Funded Nursing Care) towards the cost of your nursing care. This is paid directly to the home.

Third party payments

If you are eligible for the council's support, you will be offered a choice of homes that meet the local authority's funding rates. If you decide to live in a more expensive home and someone is able to make an additional payment for you, they will have to pay the local authority the difference between its rate and the amount the home charges. This additional payment is called a 'top-up' or 'third party payment'.

You are not allowed to make this additional payment yourself, except in limited circumstances, so the responsibility usually falls to a family member, friend or charity.

Before anyone agrees to pay your top-up, they should be aware that the amount may increase, usually once a year, and they need to be confident that they can sustain the payments for as long as they are required. They will need to sign a contract with the council to confirm that they are able to do this.

If the additional payments stop being paid for any reason, then you should seek help and advice from your council. You may have to move to a cheaper home within the local authority's funding levels. →

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

CareChoices

→ If you are already resident in a care home, and no top-up was required at the time you became a resident, the home may seek to introduce one at a later date, which would need to be agreed first with the local authority.

This may happen if a change to your arrangements is

made at your request or with your agreement, for example, if you move to a nicer room.

It is important to note that councils have a duty to offer you a place at a home that accepts their funding rates. If no such place is available, a top-up should not be charged.

Seeking financial advice

Planning for your future care and support needs can be complicated and funding care can be expensive. Professional advice may be helpful in enabling you (and your family) to identify the most suitable and cost-effective solution.

Everyone is encouraged to seek unbiased, expert advice from independent financial advisers to help work out how to pay for long-term care. Independent financial advisers are regulated by the Financial Conduct Authority (FCA) and must take shared responsibility for the suitability of any product they recommend.

Unlike advisers who are tied to particular providers, specialist care-fees advisers can offer advice on products from across the whole market.

A list of independent financial advisers who are

accredited by the Society of Later Life Advisers can be found at www.societyoflaterlifeadvisers.co.uk or you can call **0333 202 0454**.

There are also several organisations that will provide free advice about funding care and support. These are a good place to start if you are looking for information and want to see what your options are.

Age UK

Tel: **0800 055 6112**

Web: www.ageuk.org.uk/moneymatters

Citizens Advice

Web: www.citizensadvice.org.uk

Money Helper

Web: www.moneyhelper.org.uk

Important information

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each

care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 62), indicating the quality of care provided. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit www.carechoices.co.uk



How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and powers of attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable to do so.

The Court of Protection can issue Orders directing the management of a person's property and financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow and the fees are quite expensive, so preparing an LPA is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney.

An 'advance directive' allows you to communicate your wishes in respect of future medical treatment, but it is not legally binding. You may instead wish to make a living will, properly known as an 'advance decision', setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don't have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs. It's important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area. Visit www.citizensadvice.org.uk

Comments, compliments and complaints

You should feel able to complain about any aspect of your support which affects your happiness or comfort. This might be anything from the way you are treated by staff to the quality of the food you are served. You should also feel free to make comments and suggestions about possible improvements to your surroundings and the services provided.

Making a complaint should not be made difficult for you and should not affect the standard of care that you receive, whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy-to-use complaints procedure.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action.

The problem may be resolved quite easily once they are made aware of it. However, if you need to make a formal complaint, you should initially contact the registered owners of the service. They have a duty to respond to any complaints made. Visit www.lincolnshire.gov.uk/comments-feedback/make-complaint for information about how to complain about council services.

If you have a complaint about a breach of regulations, contact your local office of the Care Quality Commission (see page 62 for more information about the CQC).

If your local authority has arranged and funded a place for you in a care home or has contributed to a home care service, another option is to complain to your social worker/care manager or the department's designated complaints manager. If you have been unable to resolve your complaint, you can contact the Local Government and Social

Care Ombudsman on **0300 061 0614** and ask them to assist you.

The Local Government and Social Care Ombudsman looks at complaints about councils and some other

authorities and organisations, including adult social care providers (such as care homes and home care providers). It is a free service and its job is to investigate complaints in a fair and independent way.

Inspecting and regulating care services



Health and social care services must be registered to show that

they meet a set of standards. The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC's five key questions: Is the service safe? Effective? Caring? Responsive to people's needs? Well led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can

easily see where a service is performing well and where it needs to improve.

It's always a good idea to check inspection reports and ratings when choosing a care service. You can find reports and ratings on the CQC's website (**www.cqc.org.uk**). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next and what to look out for when it does. If you want to share your experience of care, visit **www.cqc.org.uk/share**

Tel: **0300 061 6161**

Email: **enquiries@cqc.org.uk**

Web: **www.cqc.org.uk**

Write to: The Care Quality Commission, Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA

Out-of-county care

You can choose a care home outside of your home county. You may want to be closer to friends and family members, or you may want to relocate to another part of the country.

If your care home place is state funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home in another region. Any home you choose must be

suitable for your assessed needs and comply with the paying authority's terms and conditions.

You should seek further advice before making your decision.

For help finding care providers in Lincolnshire and in other regions, visit **www.carechoices.co.uk** with details of your requirements.

Protecting vulnerable adults

Vulnerable adults may experience abuse, neglect and worse. A vulnerable adult is a person aged 18 years or over who may be unable to take care of themselves or protect themselves from harm or from being exploited.



What is adult abuse?

Abuse is mistreatment that violates a person's human and civil rights. The abuse can vary from treating someone with disrespect in a way which significantly affects the person's quality of life, to causing actual physical suffering.

It can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also cover the issues of modern slavery, self-neglect and institutional abuse – where the abuse affects more than one person within an organisation and is not addressed by the service's management.

Who might be causing the abuse?

The person who is responsible for the abuse may be known to the person abused and could be:

- a care worker or volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;
- an occasional visitor or someone who is providing a service; or
- someone who deliberately exploits vulnerable people.

If you think someone is being abused, contact the Customer Service Centre on **01522 782155**, Monday to Friday, 8.00am to 6.00pm.

Outside of this time, you can contact the Emergency Duty team on **01522 782333**. Your concerns will be taken seriously and will receive prompt attention, advice and support.

If the abuse is also a crime such as assault, racial harassment, rape or theft, you should involve the police to prevent someone else from being abused. If the police are involved, adult social care will work with them to support you.

If you are worried about contacting the police, you

can contact adult social care on **01522 782155** to talk things over first. If immediate action is needed, dial **999**.

You can also:

- contact the Care Quality Commission (CQC) on **0300 061 6161** if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or
- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse know your concerns. They have responsibilities under the county's adult protection procedure and can advise you about what to do next.

The Disclosure and Barring Service (DBS)

There is a barring system for all those intending to work, or currently working with children and vulnerable adults.

This service combines the criminal records checking and barring functions. For disclosure information and services, visit **www.gov.uk/dbs**

Care home owners, home care agencies and employment agencies that supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct that harmed, or placed at risk of harm, a vulnerable adult. People who know they are confirmed on the list but seek employment in care positions will face criminal charges including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.

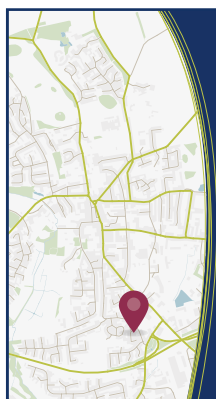
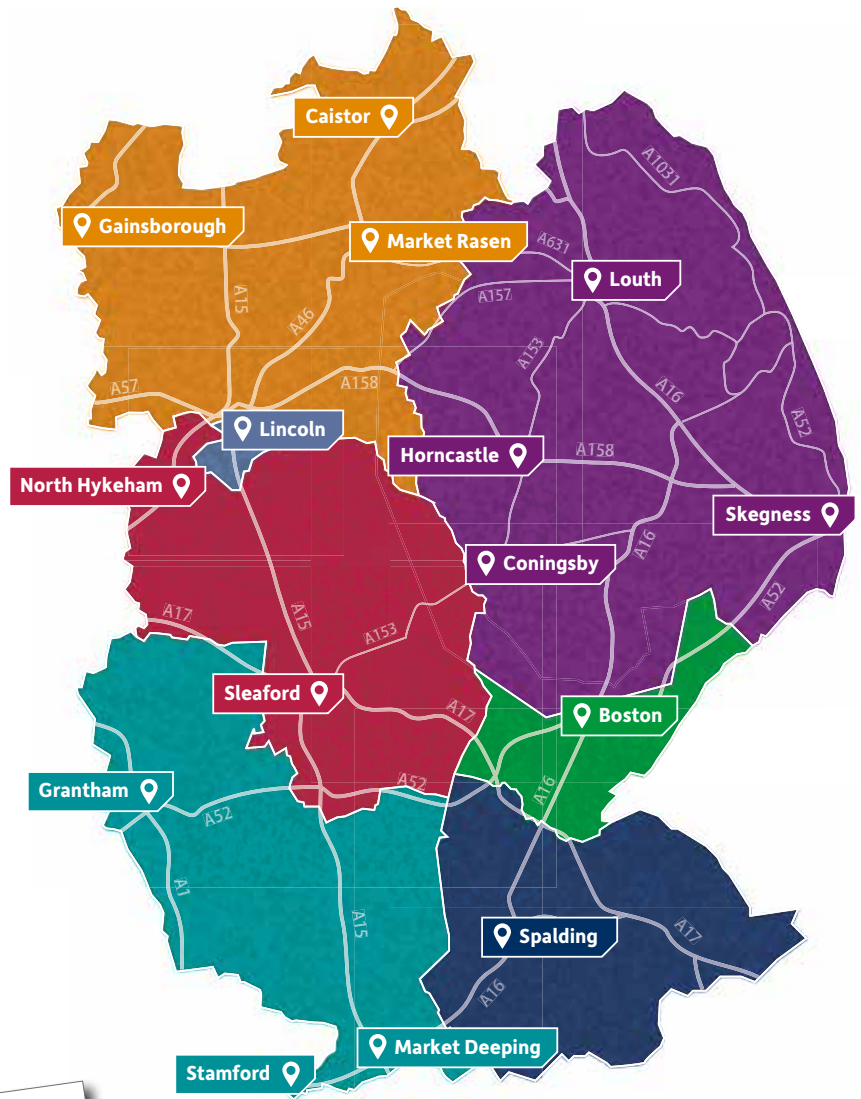


Residential care in Lincolnshire

This Directory is divided into the geographical areas listed on this map.

Home care providers can be found beginning on page 35.

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South Kesteven	79
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Search for care in your area

CareChoices

www.carechoices.co.uk



With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Boston

Boston care homes

Ashridge

14 Tower Road,
Boston PE21 9AD
Tel: 01205 366922

OP LDA YA

Avocet House Care Home ●

Parkes Lane, Boston PE21 7NT
Tel: 01205 336897

OP D PD MH SI YA

Frampton House Residential Care Home ●

West End Road, Frampton,
Boston PE20 1BT
Tel: 01205 724216

OP D

Gardens Residential Home, The

88 Sleaford Road,
Boston PE21 8EY
Tel: 01205 359797

OP D

Haven, The ●

White House Lane,
Boston PE21 OBE
Tel: 01205 345005

OP

Manor Gate Care Home ●

190 Causeway, Wyberton, Boston PE21 7BS
Tel: 01205 366260

OP D

Minstrels Residential Home, The

Main Road, Wrangle, Boston PE22 9AJ
Tel: 01205 870910

OP D

Ralphland Care Home

Ralphs Lane, Frampton West, Boston PE20 1QU
Tel: 01205 722332

OP D PD MH SI YA

Skirbeck Court (OSJCT) ●

55a Spilsby Road, Boston PE21 9NU
Tel: 01205 361444 **Advert page 7**

OP

Vauxhall Court Care Home

Vauxhall House, Freiston Road,
Boston PE21 OJW
Tel: 01205 354911

OP D MH

Woodlands Court Care Home

Boston Road, Kirton, Boston PE20 1DS
Tel: 01205 723355

OP D YA

Boston care homes with nursing

Elmwood House Nursing Home ●

88 Sleaford Road, Boston PE21 8EY
Tel: 01205 369235

OP YA

Westfield Nursing Home ●

34 Sleaford Road, Boston PE21 8EU
Tel: 01205 365835 **Advert page 52**

OP D LDA

Georgians (Boston) Ltd, The ●

50 Wide Bargate,
Boston PE21 6RY
Tel: 01205 364111

OP D PD MH SI YA

White Gables Care Home

21 Willington Road, Kirton,
Boston PE20 1EP
Tel: 01205 723874

OP D PD SI YA

Hunters Creek Care Home with Nursing ●

130-134 London Road,
Boston PE21 7HB
Tel: 01205 358034

OP D PD MH SI YA

Willoughby Grange Care Home

Willoughby Road,
Boston PE21 9EG
Tel: 01205 357836

OP D YA

Meadows Edge Care Home Ltd ●

Wyberton West Road, Wyberton,
Boston PE21 7JU **Advert outside back cover**
Tel: 01205 353271

OP D YA

Woodlands Court Care Home

Boston Road, Kirton,
Boston PE20 1DS
Tel: 01205 723355

OP D YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted



**Built to last,
Made to care**

Bramhall Residential Home is a beautiful 38 bedded home which is in peaceful surroundings with picturesque gardens.

Bramhall has been run by the owner's The Mercer Family since 1998. The Mercer's pride themselves on having a fully established well run home, with long standing staff, whose priority is the care for their residents.

We have light and spacious rooms with profiling beds where most have their own en-suite facilities for privacy, they have patio doors opening onto a landscaped garden with seating areas.

We offer nutritious and well balanced home cooked meals, with a daily choice of menu.

We also provide activities for our residents 7 days a week, with dedicated staff members.

Bramhall promotes a home from home environment, where our residents are classed as our extended family.

We pride ourselves on offering the following:

- **Specialists in Dementia Care with a dedicated wing**
- **Promoters of rehabilitation**
- **Day Care**
- **Respite Care**
- **Short breaks**
- **Convalescence**
- **A Quality of life**
- **CCTV in communal areas for the safety and security of our Residents**



Welcome to visit anytime. No appointment needed.

For enquiries call **01526 342632** or email **manager@mercercare.co.uk**

1 Butt Lane | Tattershall | Lincolnshire | LN4 4NL

www.mercercare.co.uk



East Lindsey

Horncastle care homes

Bramhall ●

1 Butt Lane, Tattershall, Lincoln LN4 4NL
Tel: 01526 342632 **Advert page 66**

OP D

Clarence House and The Granary

53 West Street, Horncastle LN9 5JE
Tel: 01507 524466

LDA YA

Grove Residential Care Home, The

Main Street, West Ashby, Horncastle LN9 5PT
Tel: 01507 522507

OP D SI

Heatherlea House Residential Care Home

109 Tor-O-Moor Road, Woodhall Spa LN10 6SD
Tel: 01526 353394

OP D YA

Netherlands

Spilsby Road, Horncastle LN9 6AL
Tel: 01507 522009

OP LDA YA

Nightingale House Care Centre

Main Road, Bucknall,
Lincoln LN10 5DT
Tel: 01526 388261

Advert inside front cover
OP D PD YA

Old Rectory, The

Main Road, Stickney, Near Boston PE22 8AY
Tel: 01205 480885

OP D PD

Russell Green Care Home

11 Stanhope Avenue,
Woodhall Spa LN10 6SP
Tel: 01526 352879

OP D PD

Toray Pines Care Home ●

School Lane, Coningsby LN4 4SJ
Tel: 01526 344361

OP D PD MH SI YA

Westerley Residential Care Home for the Elderly – Woodhall Spa ●

Westerley, The Broadway, Woodhall Spa LN10 6SQ
Tel: 01526 352231

OP

Horncastle care homes with nursing

South Wold Nursing Home ●

South Road, Tetford,
Horncastle LN9 6QB
Tel: 01507 533393

OP D

Tanglewood Care Home ●

36 Louth Road,
Horncastle LN9 5EN
Tel: 01507 527265

OP D PD MH SI YA

Louth care homes

Alderson House

Saltfleet Road, Theddlethorpe,
Mablethorpe LN12 1PH
Tel: 01507 338584

MH YA

Ashtree House ●

Church Lane, Withern,
Alford LN13 0NG
Tel: 01507 450373 **Advert adjacent**

OP D



Ashtree House provides a homely environment in which the elderly with varying forms of dementia are cared for and enabled to maximize their capacity to enjoy life.

We provide:

- Day Care
- A Permanent Home
- Bookable Respite Care



Ashtree House

Church Lane, Withern
Alford, Lincs LN13 0NG
T: 01507 450 373

E: enquiries@ashtree-house.co.uk
Website: www.ashtree-house.co.uk

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

Louth care homes continued

Beeches, The

28 South Street, Louth LN11 9JT
Tel: 01507 603862

Beech Lodge

– Mablethorpe ●

Stanley Avenue, Mablethorpe LN12 1DP
Tel: 01507 479781

Boulevard House

1 The Boulevard,
Mablethorpe LN12 2AD
Tel: 01507 473228

Chimneys Care Home, The ●

1 Station Road, Alford LN13 9HY
Tel: 01507 462789

Doulton Court Care Home

Alford Road, Sutton-on-Sea LN12 2HF
Tel: 01507 623809 **Advert page 54**

Fir Close

2 Westgate, Louth LN11 9YH
Tel: 01507 603882

Fotherby House ●

Louth Road, Fotherby, Louth LN11 0UG
Tel: 01507 607237

Fountains Care Centre, The

Church Lane, Tetney,
Grimsby DN36 5JX
Tel: 01472 210456

Advert inside front cover

Gables, The ●

Willoughby Road,
Cumberworth, Alford LN13 9LF
Tel: 01507 490171

Link House

Main Road, Withern LN13 ONB
Tel: 01507 450403

Livingstone Court ●

Stanley Avenue, Mablethorpe LN12 1DP
Tel: 01507 479333

Madeira House

129-131 High Holme Road, Louth LN11 OHD
Tel: 01507 607452

Meadows Park Care Home

Daisy Way, Louth LN11 OFS
Tel: 01205 358888

Newhaven Residential Home ●

Mumby Road, Huttoft, Alford LN13 9RF
Tel: 01507 490294

Oak Lodge ●

Stanley Avenue, Mablethorpe LN12 1DP
Tel: 01507 479782

Orchard House Care Home

Grosvenor Road, Mablethorpe LN12 1EL
Tel: 01507 472203

Riverside ●

Ramsgate Road, Louth LN11 0NJ
Tel: 01507 608311

Rowans, The

266 Eastgate, Louth LN11 8DJ
Tel: 01507 608081

Sandpiper Care Home ●

16 South Street, Alford LN13 9AQ
Tel: 01507 462112

Seaton House ●

153 Eastgate, Louth LN11 9AJ
Tel: 01507 611071

Sense – 25 Old Mill Park

Louth LN11 0NY
Tel: 01507 608052

Sense – 54 Monks Dyke Road ●

Louth LN11 9AN
Tel: 01507 609332

Sense – 56 Monks Dyke Road

Louth LN11 9AN
Tel: 01507 610877

OP

OP D PD SI

LDA

OP D PD MH SI YA

LDA YA

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LDA SI

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

Louth care homes continued

Summerfield Rest Home

10-12 Park Road East, Sutton-on-Sea,
Mablethorpe LN12 2NL
Tel: 01507 441969

OP D

Swallowdale ●

5 Bilsby Road, Alford LN13 9EW
Tel: 01507 463833

LDA

Sycamores, The ●

45 South Street, Alford LN13 9AN
Tel: 01507 463225

LDA

Victoria House Residential Home

31 Station Road, Alford LN13 9JB
Tel: 01507 463292

OP D PD

Waverley

164 High Street, Mablethorpe LN12 1EJ
Tel: 01507 473071

OP LDA

Willoughby House

Willoughby Road, Sutton-on-Sea LN12 2NF
Tel: 01507 442555

LDA YA

Wygate Residential Care Home ●

Alford Road, Mablethorpe LN12 1PX
Tel: 01507 477531

OP D PD



Louth care homes with nursing

Apex Care Centre ●

Ruskin Road, Mablethorpe LN12 1BP
Tel: 01507 478856

OP D PD

Doulton Court Care Home

Alford Road, Sutton-on-Sea LN12 2HF
Tel: 01507 623809 **Advert page 54**

OP D PD YA

Elms Care Home, The

Elm Drive, Louth LN11 0DE
Tel: 01507 350100

OP D PD SI

Miramar Nursing Home

20 Trusthorpe Road,
Sutton-on-Sea,
Mablethorpe LN12 2LT
Tel: 01507 442484 **Advert below left**

D LDA MH

Stewton House ●

28 Stewton Lane,
Louth LN11 8RZ
Tel: 01507 602961

OP PD SI

Wolds Care Centre, The

North Holme Road,
Louth LN11 0JF
Tel: 01507 602360

OP D PD MH SI YA

Miramar Nursing Home

Nursing and Residential Care for Adults 30+ years
Mental Health & Learning Disabilities • Alcohol related
Dementia • Frontal Lobe Dementia • Vascular Dementia •
Early Onset Dementia • Personality Disorders •
Behavioural Disorders • Challenging Behaviours

A person centred approach to care, incorporating
the whole persons' needs, wants and aspirations.

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20 Trusthorpe Road, Sutton On Sea, LN12 2LT

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Care Quality
Commission

www.myfamilyourneeds.co.uk

For parents and carers of
children with additional needs
and those who support them.

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

Skegness care homes

Ashby Court

1-6 Ashby Road, Spilsby PE23 5DR
Tel: 01790 753432

LDA YA

Aspen Lodge Care Home ●

Yarborough Road,
Skegness PE25 2NX

Tel: 01754 252309 **Advert page 54** OP D PD MH YA

Bumblebee Lodge

6 Hundleby Road, Hundleby,
Spilsby PE23 5LP
Tel: 01754 811002

LDA YA

Byron House

104 Drummond Road, Seacroft,
Skegness PE25 3EH
Tel: 01754 768909

MH YA

Desboro House ●

Toynton All Saints, Spilsby PE23 5AE
Tel: 01790 753049

LDA

Dunsford ●

24a Partney Road, Spilsby PE23 5EH
Tel: 01790 753106

LDA

Eresby Hall (OSJCT) ●

Ancaster Avenue, Spilsby PE23 5HT
Tel: 01790 752495 **Advert page 7**

OP D

Keal View ●

Toynton All Saints, Spilsby PE23 5AE
Tel: 01790 754926

PD LDA YA

Manor Care Centre

Fen Road, East Kirkby,
Spilsby PE23 4DB
Tel: 01790 763381

Advert inside front cover

OP D MH

Meadows Court Care Home ●

West End, Hogsthorpe, Skegness PE24 5PA
Tel: 01754 872302

OP D PD MH YA

Meadows Sands Care Home ●

98 South Parade, Skegness PE25 3HR
Tel: 01754 762712

OP D

Melody Lodge ●

West Keal Hall, Hall Lane, West Keal,
Spilsby PE23 4BJ
Tel: 01790 752700

LDA

Noss Mayo Residential Home ●

2 High Street, Burgh Le Marsh, Skegness PE24 5DY
Tel: 01754 810729

OP D

Old Hall Residential Care Home, The ●

Northorpe Road, Halton Hologate,
Spilsby PE23 5NZ
Tel: 01790 753503

OP D PD

Orby House

Gunby Road, Orby PE23 5SW
Tel: 01754 811354

LDA YA

Palms, The ●

147 Drummond Road, Skegness PE25 3BT
Tel: 01754 768067

PD LDA MH

Phoenix Care Centre ●

Ancaster Avenue, Chapel St Leonards,
Skegness PE24 5SN
Tel: 01754 872645

OP D

Rayleigh House ●

17 Derby Avenue, Skegness PE25 3DH
Tel: 01754 764382

OP D

Rosslyn ●

41 Algitha Road, Skegness PE25 2AJ
Tel: 01754 767106

LDA YA

Sandbeck House Residential Home ●

77-81 Sandbeck House, Skegness PE25 3JX
Tel: 01754 766585

OP D

Scremby Grange ●

Scremby, Near Spilsby PE23 5RW
Tel: 01754 890521

LDA

Seathorne Court Residential Home

Winthorpe Avenue, Winthorpe,
Skegness PE25 1RW
Tel: 01754 765225

OP

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

Skegness care homes continued

Spencers Lodge ●

Toynton All Saints, Spilsby PE23 5AE
Tel: 01790 752499

LDA

St Andrews Drive

87 St Andrews Drive,
Skegness PE25 1DL
Tel: 01754 898858

PD LDA SI YA

Syne Hills Care Home Ltd ●

Syne Avenue, Skegness PE25 3DJ
Tel: 01754 764329

OP D LDA

Vale View ●

Toynton All Saints, Spilsby PE23 5AE
Tel: 01790 755504

LDA YA

Wainfleet Care Home

Rumbold Lane, Wainfleet,
Skegness PE24 4DS
Tel: 01754 881849

Advert inside front cover

OP D PD MH YA

Welham House

Hundleby Road, Spilsby PE23 5LP
Tel: 01790 752989

LDA YA

Westcotes

70 South Parade, Skegness PE25 3HP
Tel: 01754 610616

OP D

Woodside Care Home

Lincoln Road, Skegness PE25 2EA
Tel: 01754 768109

OP D PD

Skegness care homes with nursing

Aspen Lodge Care Home ●

Yarborough Road, Skegness PE25 2NX
Tel: 01754 252309

Advert page 54 OP D PD MH YA


Seacroft Court Nursing Home

Seacroft Esplanade, Skegness PE25 3BE
Tel: 01754 610372

OP D




Search for care in your area

www.carechoices.co.uk 

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
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Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
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Advertisers are highlighted

Brantley Manor

Brantley Manor is conveniently located close to the centre of the historic cathedral city of Lincoln, it is a well-established home providing high quality short and long term care.

- Respite Care
- Day Care
- Residential Care
- Highly Skilled Staff
- Home Made Tasty Meals
- All Dietary Needs Catered For
- Afternoon Teas
- Quiz Mornings
- Move it Mondays



Address: Brantley Manor Care Home, Brant Road, Lincoln, Lincolnshire, LN5 8RX

Telephone: 01522 543866

Web: www.pearlcare.co.uk

Email: brantleymanor@pearlcare.co.uk



Friendly and experienced carers focus on individual needs, while our varied activity programme helps residents stay active, connected and entertained, every day.

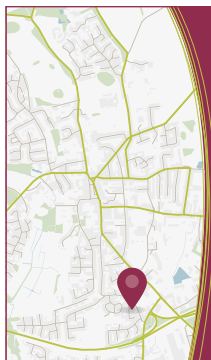
We Provide:

- Residential & Dementia Care
- Day Care
- Respite Care
- Home Care

We are an award-winning care home situated in picturesque grounds in the Cathedral City of Lincoln. Our dedicated team provides specialist dementia, residential and day care within a warm and homely environment.



Call today on **01522 521926**
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www.bernadettehouse.co.uk



Search for care in your area



www.carechoices.co.uk



With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

enjoy *later-life*

Every person that lives in our care home is a star in our eyes.

As part of your unique and individual life, the dedicated team at **Monson** are here to provide you with an enriching and enjoyable experience with the peace of mind and security of knowing that the care and support you need is available 24 hours a day, 7 days a week.

Come and try our new day care 'Buddies Club' or a short term respite stay to see the positive difference Monson can make to your life.



Susannah

- General Manager

We have a highly experienced team at Monson, led by Susannah our General Manager who has specialist expertise in caring for those with dementia. Please give Susannah a call or email to discuss your circumstances.

CARE AND SUPPORT

Benefit from compassionate and person centred care, available when you need it. Access to all our facilities including hairdressing salon.

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PRIME LOCATION

Located in the heart of Lincoln, residents and families have easy access to town for a spot of shopping or a visit to the coffee shop.

Contact us

tel **01522 848074** email monson@autograph.care

visit our website <https://autograph.care/monson/>

visit us at 9-11 Monson Street, Lincoln LN5 7RZ



Lincoln care homes

Ashley Court ●

Boundary Street, Lincoln LN5 8PQ
Tel: 01472 256440

OP PD YA

Bernadette House ●

The Old Vicarage, South Park, Lincoln LN5 8EW
Tel: 01522 521926 **Advert page 72**

OP D PD SI YA

Boultham Park House (OSJCT) ●

Rookery Lane, Lincoln LN6 7PH
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OP D

Brantley Manor Care Home ●

Brant Road, Lincoln LN5 8RX
Tel: 01522 543866 **Advert page 72**

OP D

Canwick Court Care Centre ●

78 South Park, Lincoln LN5 8ES
Tel: 01522 544595

OP D

Ermine House (OSJCT) ●

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OP

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OP D

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Tel: 01522 545099

MH YA

Monson Retirement Home ●

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Tel: 01522 848074 **Advert page 72**

OP D

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Redcote Drive, Lincoln LN6 7HQ
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OP D YA

Ridgeway Care Centre ●

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OP D

Roman Wharf Nursing Home ●

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Tel: 0208 004 7929

OP D PD SI YA

Ruckland Court ●

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Lincoln LN1 3TP
Tel: 01522 530217 **Advert page 52**

OP D

Scorer Street, 122

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Tel: 01522 804167

LDA

St Clare's Care Home

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Lincoln LN6 0QT
Tel: 01522 684945

OP D PD YA

St Luke's Nursing Home ●

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OP D PD SI YA

Stones Place

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LDA YA

Tigh Allene

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Lincoln LN4 1EH
Tel: 01522 797947

LDA

West Dean Care Home ●

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Tel: 01522 568248

MH YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Advertisers are highlighted

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Altham Court Care Home

Altham Terrace,
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Tel: 01522 511373

OP PD

Bunkers Hill Care Home ●

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Lincoln LN2 4WQ
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OP D PD MH YA

Cathedral Care Centre ●

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Cherry Tree Lodge

Nursing Home

133 Macaulay Drive, Lincoln LN2 4ET
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OP LDA YA

Eastholme Care Home

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OP D PD

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OP D PD MH SI YA

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North Hykeham care homes

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LDA YA

An Darach House

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Tel: 01522 778851

LDA YA

Beckfield House Residential Home ●

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Lincoln LN4 1QJ
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OP D

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12 High Street, Brant Broughton, Lincoln LN5 0SL
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OP LDA YA

Canwick House Care Home ●

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OP D PD MH SI

Cottage Residential Home, The

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OP D PD

Eagle House Residential Care Home

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OP D MH YA

Grove Care Centre, The ●

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Haven Care Home, The

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Lincoln LN4 3EF
Tel: 01526 322051

OP D

Heathcotes The Gables

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Tel: 01522 697162

PD LDA MH SI YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Advertisers are highlighted

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Holmleigh Care Home

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OP

Tigh Coilean

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Tel: 01522 690525

LDA YA

Neale Court ●

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Lincoln LN6 9UA

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OP D

Welbourn Manor Care Centre ●

High Street, Welbourn, Lincoln LN5 0NH
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OP D LDA

St Michaels

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OP D



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Tel: 01400 272771 OP D PD SI

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White Gables

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Tel: 01522 693790 OP D

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Woodview

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Tel: 01522 844279 **Advert page 54** OP D YA

Courtlands Lodge ●

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Tel: 01522 693800 MH

St Paul's Care Home ●

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Tel: 01522 721764 OP D PD MH SI







2 Lincoln Road, Bassingham,
Lincolnshire LN5 9HE
T: 01522 788215
E: bassingham@my-care.co.uk

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We know that the decision to seek help for your loved ones is not easy. At Bassingham we can provide professional support and advice to make this process easier for you, and families are welcomed as an essential part of the care home's life.

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Advertisers are highlighted

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OP D YA

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OP D PD MH

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Ashby de la Launde, Lincoln LN4 3JD
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LDA

Holt, The

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OP LDA YA

Byards Keep

Greylees, Sleaford NG34 8XT
Tel: 01529 488931

LDA YA

Kirk House ●

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Tel: 01526 833569

LDA

Cherry Tree Lodge ●

34 Station Road, Ruskington, Sleaford NG34 9DA
Tel: 01526 830803

LDA

Orchard Lodge ●

Kirk House, 2 Lincoln Road, Dorrington,
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LDA

Cottage, The

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Reeds, The ●

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PD LDA SI YA

Croft, The

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LDA

Roxholm Hall Care Centre ●

Roxholm, Sleaford NG34 8ND
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OP D MH

Farmhouse, The

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Ashby de la Launde, Lincoln LN4 3JD
Tel: 01526 322444

LDA

Suillean House

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Tel: 01529 461066

LDA YA

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Tel: 01529 497412

OP D PD

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LDA YA

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OP D PD SI

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OP LDA YA

Glenholme Holdingham Grange ●

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OP D YA

Martin Hall Nursing Home

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Lincoln LN4 3QY
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Advert inside front cover

OP D PD MH YA AD

Oakdene Care Home ●

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OP D YA



South Holland

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Abbeygate Retirement Home

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OP D

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OP D PD

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LDA YA

Brun Lea Care ●

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OP D

Bungalow Care Home, The ●

156 Park Road, Spalding PE11 1QZ
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OP D PD

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OP D LDA MH YA

Cedar House

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OP PD LDA SI YA

Fenchurch House ●

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OP D

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OP D PD MH SI YA

Glenholme Halmer Court

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OP D PD YA

Kimberley Care Village

23 London Road, Long Sutton, Spalding PE12 9EA
Tel: 01406 364309

OP D

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Advertisers are highlighted

Spalding care homes continued

Mayfield Residential Home ●

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OP D

Nene Lodge Retirement Home ●

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OP

Nutten Stoven Residential Home

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OP D

Patchett Lodge (OSJCT) ●

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Tel: 01406 422012 **Advert page 7**

OP

Sense – 18 Water Gate

Quadrang, Spalding PE11 4PY

Tel: 01775 821957

PD LDA SI

Sense – 21a & 21b Johnson Avenue

Spalding PE11 2QE

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LDA SI

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OP D PD YA



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OP D

St John's Care Home ●

66 Hawthorn Bank,

Spalding PE11 1JQ

Tel: 01775 710567 **Advert page 52**

OP D

Stonehaven ●

117 Main Road, Quadrang,

Spalding PE11 4PJ

Tel: 01775 820885

OP D

Spalding care homes with nursing

Ashwood Nursing Home – Spalding ●

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OP PD

Beech Lodge Nursing Home ●

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Spalding PE12 8QJ

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OP D

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OP D PD MH SI YA

Gosberton House Care Home ●

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Spalding PE11 4EW

Tel: 01775 840581

OP PD YA

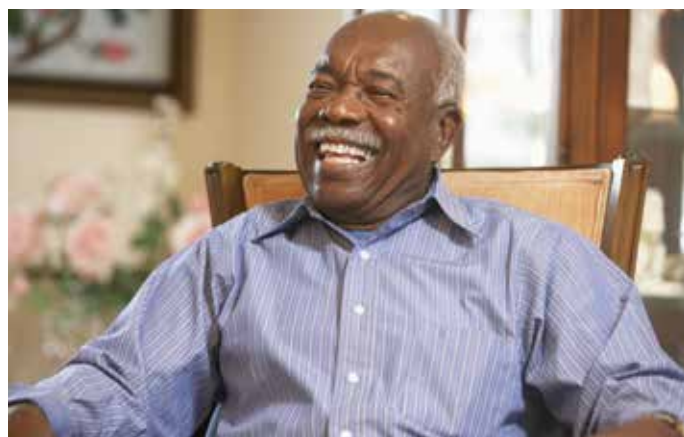
Holbeach and East Elloe Hospital Trust ●

Boston Road North, Holbeach,

Spalding PE12 8AQ

Tel: 01406 422283

OP PD YA



Service **OP** Older people (65+) **D** Dementia

PD Physical disability **LDA** Learning disability, autism

User Bands **MH** Mental health **SI** Sensory impairment

YA Younger adults **AD** People who misuse alcohol or drugs

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Advertisers are highlighted

South Kesteven

Grantham care homes

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Newark NG23 5EH
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OP LDA YA

Belvoir House Care Home ●

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OP D YA

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Tel: 01476 562042

OP D PD

Castlegate House Residential Home

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Tel: 01476 560800

OP D

Caythorpe Residential Home

77 High Street, Caythorpe, Grantham NG32 3DP
Tel: 01400 272552

OP D

Fairview Farm ●

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LDA

Gregory House (OSJCT) ●

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OP

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Grantham NG31 6HF
Tel: 01476 574429

OP PD LDA SI YA

Kings Court Nursing Home ●

Church Street, Grantham NG31 6RR
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OP D PD SI YA

Maple Leaf Lodge Care Home ●

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Tel: 01476 590674

OP D PD

Millfield House ●

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Tel: 01476 860270

LDA SI YA

Old Hall, The ●

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Sleaford NG34 0QA
Tel: 01529 240335

OP

Options Hazel House ●

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Tel: 01476 565778

LDA YA

Richard House Care Home

Gorse Road, Grantham NG31 9LH
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OP D PD MH SI

Grantham care homes with nursing

Harrowby Lodge Nursing Home ●

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Tel: 01476 568505

OP D PD YA

Red Court Care Community ●

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Tel: 01476 576811

OP D PD YA

Newton House

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Tel: 01476 452 380 **Advert page 50** OP D PD MH YA

Royal Windsor

Harlaxton Road, Grantham NG31 7SB
Tel: 07766 143110

OP D PD MH SI YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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OP

Chevington House ●

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Digby Court (OSJCT) ●

Christopher's Lane, Bourne PE10 9AZ
Tel: 01778 422035 **Advert page 7** OP PD

Harrington House

Harrington Street, Bourne PE10 9HA
Tel: 01778 421821 **Advert page 56** OP D PD MH SI YA

Laurels, The ●

45 High Street, Market Deeping, Peterborough PE6 8ED
Tel: 01778 344414

OP D PD

Phoenix, The ●

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Tel: 01522 529258

PD LDA MH SI YA

Rose Lodge & Holland House Care Home ●

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Tel: 01778 344454 **Advert page 52** OP D PD

Sense – 25 Horsegate

Deeping St James, Peterborough PE6 8EW
Tel: 01778 347037

LDA SI

Sense – 32a Broadgate Lane

Deeping St James, Peterborough PE6 8NW
Tel: 01778 380522

OP LDA SI YA

Sense – 36 Bramley Road

36 Bramley Road, Market Deeping, Peterborough PE6 8JG
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LDA SI YA

Sense – The Manor House

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Tel: 01778 343768

LDA SI

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Stamford care homes continued

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Tel: 01778 342091

OP D PD LDA MH SI YA

Whitefriars (OSJCT) ●

St Georges Avenue, Stamford PE9 1UN
Tel: 01780 765434 **Advert page 7**

OP D

Willows, The

74 Station Street, Rippingale, Bourne PE10 OSX
Tel: 01778 440773

OP D

Yew Tree Residential Care Home ●

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Tel: 01778 440247

OP D

Stamford care homes with nursing

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OP

Braeburn Lodge

Braeburn Road, Deeping St James,
Peterborough PE6 8GP
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OP D PD SI YA

Cedars, The ●

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OP D PD YA

Grand View Care Home

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OP D PD SI YA

Priory Court

Priory Road, Stamford PE9 2EU
Tel: 01780 650750 **Advert page 80**

OP D PD SI YA

Red House Care Home ●

11 Emlyns Street, Stamford PE9 1QP
Tel: 01780 766261

OP D YA

Wood Grange

Westminster Lane, West Road, Bourne PE10 9TU
Tel: 01778 752 570 **Advert page 50**

OP D PD MH YA

See the checklist on page 53 for useful suggestions of questions to ask when looking at care homes with nursing.



The lifestyle site for parents and carers of children with additional needs and those who support them.

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- Real life blogs
- Directory
- Ask the experts
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Ask questions

Get involved

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

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Advertisers are highlighted



Holly Tree Lodge provides nursing and personal care for residents with a range of needs including dementia. Using a person centred approach our aim is for our residents to feel comfortable, safe and well cared for.

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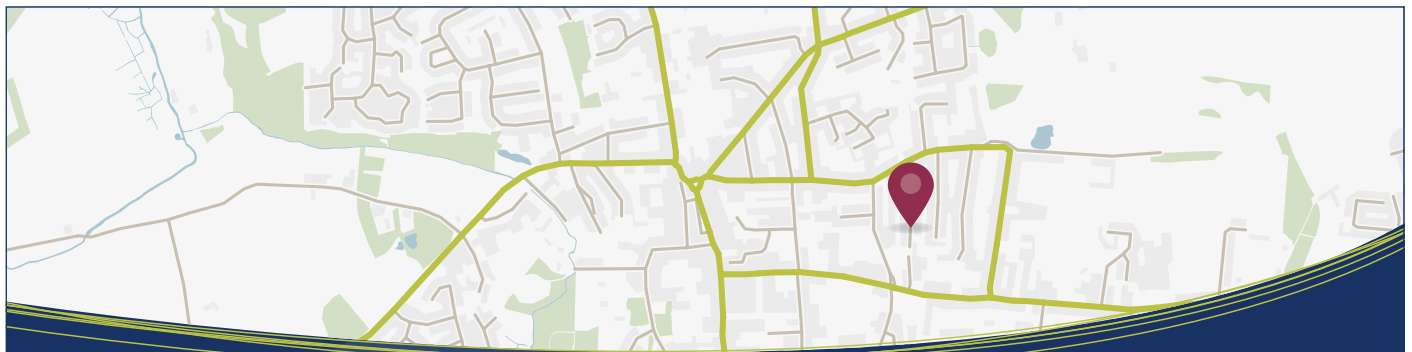
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West Lindsey

Gainsborough care homes

Chestnut House

62 High Street, Marton DN21 5AW

Tel: 01427 718272

MH YA

Foxby Court (OSJCT) ●

Middlefield Lane, Gainsborough DN21 1QR

Tel: 01427 613376 **Advert page 7**

OP

Foxby Hill Care Home ●

Foxby Hill, Gainsborough DN21 1PN

Tel: 01427 611231

OP D PD MH SI YA

Kingsway Clayton House Residential Care Home ●

9-11 Lea Road, Gainsborough DN21 1LW

Tel: 01427 613730

OP LDA

Manor, The ●

The Green, Scotter, Gainsborough DN21 3UD

Tel: 01724 764884

OP D MH

Redcote Residential House ●

23 Gainsborough Road, Lea,

Gainsborough DN21 5HR

Tel: 01427 615700

OP

St Oggs

14 Front Street, Morton,

Gainsborough DN21 3AA

Tel: 01427 617173

OP MH YA

Tigh Bruadair

Summer Hill,

Gainsborough DN21 1HQ

Tel: 01427 611541

LDA YA

Wispington House Ltd ●

41 Mill Lane, Saxilby,

Lincoln LN1 2QD

Tel: 01522 703012

OP D PD

Gainsborough care homes with nursing

Blyton Court ●

3 Laughton Road, Blyton, Gainsborough DN21 3LG

Tel: 01427 628791

PD LDA MH YA

Drovers Call ●

186 Lea Road, Gainsborough DN21 1AN

Tel: 01427 678300

OP D PD MH SI YA AD

Eliot House ●

Crooked Billet Street, Morton,

Gainsborough DN21 3AH

Tel: 01427 617545

OP D PD MH

Ferndene Care Home

Parksprings Road,

Gainsborough DN21 1NY

Tel: 01427 810700

OP D YA

Gables Manor ●

Ingleby, Saxilby, Lincoln LN1 2PQ

Tel: 01522 704250

OP D PD LDA MH SI YA

Grosvenor House Care Home ●

19 Back Street, East Stockwith, Gainsborough DN21 3DL

Tel: 01427 616950

OP D PD YA

Holly Tree Lodge Care Home ●

3 Eastgate, Scotton,

Gainsborough DN21 3QR

Tel: 01724 762537 **Advert page 82**

OP D PD LDA

Howson Care Centre ●

Marton Road, Willingham-by-Stow,

Gainsborough DN21 5JU

Tel: 01427 788283

OP D LDA MH YA

Middlefield House Nursing Home

Middlefield Lane, Gainsborough DN21 1TY

Tel: 01427 615577

LDA YA

Morton Manor

Dog & Duck Lane, Morton, Gainsborough DN21 3BB

Tel: 01427 612796

OP D PD MH SI YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

Looking for a care home in Lincolnshire?

Little Brocklesby House
care home



Little Brocklesby House provides person centred care specifically focused on tailored activities and interest, to people in Lincolnshire, NE Lincolnshire & North Lincolnshire.

- ✓ Dementia
- ✓ Residential
- ✓ Bariatric Care
- ✓ Palliative Care
- ✓ Mental Health

Rated "Good" in all 5 CQC Categories

About Us

Situated in 9 acres of grounds, Little Brocklesby Care Home provides quality residential and dementia care. It is a tastefully and sympathetically converted mansion house that provides each resident with the care and support they need.



We Provide

- ✓ *Person centred individually tailored care.*
- ✓ *Both indoor & outdoor activities to preserve independence.*
- ✓ *Delicious home-cooked food with resident input into seasonal menu choices.*

From Residential & Dementia care to short stay respite breaks

We care for adults over the age of 50 and specialise in many areas such as; Dementia, Stroke, Heart Conditions, Diabetes, Bariatric Care, Physical & Emotional conditions and Peg Feeds. We offer flexible respite facilities from one day to several weeks. We aim to provide a stimulating environment, both inside and outside, which preserves individuality and sense of purpose.

Dementia Activities

The home runs a specialist sensory programme called Namaste which means "to honour the spirit within". This provides a practical approach to meeting the physical, sensory and emotional needs of people living with advanced dementia. This can be particularly effective for those who cannot respond or join in with more traditional activities.

51 High Street, Great Limber, Grimsby, Lincolnshire, DN37 8JL



info@littlebrocklesbycarehome.co.uk

01469 560 784

Market Rasen care homes

Blythe House

Lincoln Road, Faldingworth LN8 3SF
Tel: 01673 885911

LDA YA

Brambles

53 Station Road, Bardney, Lincoln LN3 5UD
Tel: 01526 398010

LDA YA

Cottage Specialist Residential Service, The

31 Norbeck Lane, Welton,
Lincoln LN2 3JP
Tel: 01673 862000

LDA YA

Glebe House

7 South Dale, Caistor, Market Rasen LN7 6LS
Tel: 01472 852282

MH YA

Glengarriff House

8 King Street, Market Rasen LN8 3BB
Tel: 01673 844091

OP LDA YA

Greenacres Care Home ●

17-19 Grimsby Road, Caistor,
Market Rasen LN7 6QY
Tel: 01472 851989

OP D PD

Hawthorns, The ●

53 Station Road, Bardney, Lincoln LN3 5UD
Tel: 01526 399868

LDA

Hollies, The ●

The Hawthorns, 53 Station Road, Bardney,
Lincoln LN3 5UD
Tel: 01526 398633

LDA YA

Little Brocklesby House

51 High Street, Great Limber, Grimsby DN37 8JL
Tel: 01469 560784 **Advert page 84** OP D PD LDA MH

Middlegate Lodge

Horncastle Road, Caistor, Market Rasen LN7 6JG
Tel: 01472 852282 LDA MH YA AD

Oaks, The ●

51 Station Road, Bardney, Lincoln LN3 5UD
Tel: 01526 399683 PD LDA SI YA

Old Hall, The ●

Chapel Road, Fiskerton LN3 4HD
Tel: 01522 595395 LDA

Poplars, The (OSJCT) ●

Chapman Street, Market Rasen LN8 3DS
Tel: 01673 843319 **Advert page 7** OP D

Saxilby Care Service ●

9-15 Highfield Road, Saxilby LN1 2QP
Tel: 01522 704025 D PD MH

Tennyson Wharf

Park Lane, Burton Waters, Lincoln LN1 2ZD
Tel: 01522 844 151 **Advert page 50** OP D PD YA

Waterloo House ●

Walesby Road, Market Rasen LN8 3EX
Tel: 01673 842343 OP D MH YA

Willan House ●

Stainfield, Wragby, Market Rasen LN8 5JL
Tel: 01526 398785 **Advert below** OP D



01526 398785
www.willanhouse.co.uk



Willan House is a small family run care home with accomplished caring staff providing **long or short term placements**, and **Respite Care** (subject to availability)

Experienced in care of the elderly and those with dementia.

Easy access from Fiskerton, Bardney, Cherry Willingham, Langworth and Wragby.

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

Market Rasen care homes with nursing

Healthlinc Apartments ●

Cliff Road, Welton, Lincoln LN2 3JN

Tel: 01673 861775

OP PD LDA MH SI YA

Hill House Care Home ●

Sand Lane, Osgodby, Market Rasen LN8 3TE

Tel: 01673 843407

OP PD LDA MH YA

Nettleton Manor Nursing Home ●

Moortown Road, Nettleton,

Market Rasen LN7 6HX

Tel: 01472 851230 **Advert below**

OP D PD SI YA

Willow Court

Croft Lane, Cherry Willingham, Lincoln LN3 4JW

Tel: 01522 595391

OP D YA



Nettleton Manor Nursing Home is one of the **best nursing homes** in Lincolnshire providing care to residential and nursing clients over the age of 18. We are a specialist service for people living with dementia.

We offer 24-hour nursing & residential care, provided by a team of highly qualified Registered Nurses, Care Assistants and support staff. We pride ourselves in being a specialist provider in dementia care and offer holistic services, as well as access to healthcare services to ensure that our service users are able to live a fulfilling and rewarding life. With our dedicated activities team, there is always a variety of things going on.

Nettleton Manor Nursing Home: Moortown Road, Nettleton, Market Rasen LN7 6HX

Telephone: 01472 851 230 • Mobile: 07780 685075 • Email: nettletonmanor@gmail.com

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www.carechoices.co.uk



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Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
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● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

Useful local contacts

Adult social care – Lincolnshire County Council

For all enquiries and referrals relating to adult social care, contact the Customer Service Centre.

Tel: **01522 782155** (Monday to Friday, 8.00am to 6.00pm).

Email: csc_socialcare@lincolnshire.gov.uk

Web: www.lincolnshire.gov.uk/adultcare

Emergency Duty Team

In an emergency, outside of these hours, call the Emergency Duty Team.

Tel: **01522 782333**

Adults Supporting Adults (ASA)

Charitable organisation offering a range of community-based services, including daytime provision, respite and extended-stay visits to learn new skills.

17 Watergate, Sleaford NG34 7PG

Tel: **01529 416270**

Email: enquiries@asaorg.co.uk

Web: www.asaorg.co.uk



Age Care Advice

An independent social worker-led company specialising in the care and support of individuals and families living with dementia.

Tel: **01778 219639** or **07930 125081**

Email: agecareadvice.team@nhs.net

Web: www.agecareadvice.co.uk

Age UK

The country's largest charity dedicated to helping everyone make the most of later life.

Boston office

Chantry House,
3 Lincoln Lane PE21 8RU

Tel: **0345 556 4144**

Lincoln and South Lincolnshire

36 Park Street LN1 1UQ

Tel: **0345 556 4144**

Email: info@ageuklsl.org.uk

Web: www.ageuk.org.uk/lincolnsouthlincolnshire

Lindsey

The Old School House,
Manor House Street,
Horncastle LN9 5HF

Tel: **01507 524242**

Email: info@ageuklindsey.co.uk

Web: www.ageuk.org.uk/lindsey

Alzheimer's Society

– Dementia Support Lincolnshire

Dementia Support Lincolnshire holds various support groups and services across the county.

Tel: **01522 692681**

Email: lincoln.enquiries@alzheimers.org.uk

Web: www.alzheimers.org.uk

Butterfly Hospice Trust, The

Provides palliative care to anyone over the age of 18 in the Boston area with a progressive life-limiting illness. The Hospice provides palliative care and holistic support to patients and their families.

Rowan Way, Boston PE21 9DH

Tel: **01205 311222**

Email: enquiries@butterflyhospice.org.uk

Web: www.butterflyhospice.org.uk



→ Connect to Support Lincolnshire

An online, telephone, email and live chat information and signposting service.

Tel: **0300 303 8789**

Email: **Lincs2Advice@ageuklsl.org.uk**

Web: **<https://lincolnshire.connecttosupport.org>**

District, borough and city councils

Boston Borough Council

Tel: **01205 314200**

Web: **www.mybostonuk.com**

City of Lincoln Council

Tel: **01522 881188**

Web: **www.lincoln.gov.uk**

East Lindsey District Council

Tel: **01507 601111**

Web: **www.e-lindsey.gov.uk**

North Kesteven District Council

Tel: **01529 414155**

Web: **www.n-kesteven.gov.uk**

South Holland District Council

Tel: **01775 761161**

Web: **www.sholland.gov.uk**

South Kesteven District Council

Tel: **01476 406080**

Web: **www.southkesteven.gov.uk**

West Lindsey District Council

Tel: **01427 676676**

Web: **www.west-lindsey.gov.uk**



Headway Lincolnshire

The UK's leading brain injury charity.

The Len Medlock Centre, St George's Road, Boston PE21 8YB

Tel: **07546 592526**

Email: **info@headwaylincolnshire.org.uk**

Web: **www.headwaylincolnshire.org.uk**

Healthwatch Lincolnshire

Rooms 33-35, The Len Medlock Centre, St George's Road, Boston PE21 8YB

Tel: **01205 820892**

Email: **info@healthwatchlincolnshire.co.uk**

Web: **www.healthwatchlincolnshire.co.uk**

Lincoln and Lindsey Blind Society

Enhances the quality of life of blind, partially sighted and visually impaired people whatever their age or circumstances in life.

Bradbury House, Ramsgate, Louth LN11 0NB

Tel: **01507 605604**

Email: **info@llbs.co.uk**

Web: **www.llbs.co.uk**

Lincolnshire Autistic Society

A hub for anyone looking for information and support about autism.

Lincolnshire Chamber of Commerce, Commerce House, Carlton Boulevard, Lincoln LN2 4WJ

Web: **www.lincolnshireautisticsociety.org.uk**

Lincolnshire Care Association (LinCA)

Representing the interests of providers of care and support within the independent and voluntary sector.

Greetwell Place, 2 Lime Kiln Way, Greetwell, Lincoln LN2 4US

Tel: **01522 581073**

Email: **susannalovelock@linca.org.uk**

Web: **www.linca.org.uk**

Lincolnshire Carers Service

For all referrals and general enquiries regarding support for carers, contact Lincolnshire County Council Carers Support Service from 8.00am to 6.00pm, Monday to Friday (except on public holidays).

Tel: **01522 782224**

Email: **carersservice@lincolnshire.gov.uk**

Web: **www.lincolnshire.gov.uk/support-carers/information-advice-support-carers**

Emergency Duty Team

In an emergency, outside of these hours, call the Emergency Duty Team.

Tel: **01522 782333**

Lincolnshire Independent Living Partnership

A consortium of four local charitable organisations working at the heart of the local community to promote independent living.

Web: **www.ageuk.org.uk/lincolnsouthlincolnshire/about-us/lilp**

Lincolnshire Integrated Community Equipment Service (ICES)

Providing equipment to use in the home, to help you remain as independent as possible.

Tel: **01522 782155**

Web: **www.lincolnshire.gov.uk/help-live-home/home-equipment**

Lincolnshire Sensory Services

Wellingore Hall, Hall Street, Wellingore, Lincoln LN5 0HX

Tel: **0333 320 2667**

Text: **07710 155104**

Email:

contact@lincolnshiresensoryservices.org.uk

Web: **www.lincolnshiresensoryservices.org.uk**

Macmillan

Improves the lives of people affected by cancer. Provides practical, medical, emotional and financial support and pushes for better cancer care.

Email: **macmillan.infosupport@ulh.nhs.uk**

Web: **www.ulh.nhs.uk/services/macmillan**

Boston

The Macmillan Cancer Information and Support Centre, Pilgrim Hospital, Sibsey Road PE21 9QS

Tel: **01205 446392**

Grantham

The Macmillan Cancer Information and Support Centre, Outpatients Department, Grantham and District Hospital, 101 Manthorpe Road NG31 8DG

Tel: **01476 464978**

Lincoln

The Macmillan Cancer Information and Support Centre, Lincoln County Hospital, Greetwell Road LN2 5QY

Tel: **01522 573799**

Mencap

Royal Mencap Society, 6 Cyrus Way, Peterborough PE7 8HP

Tel: **0808 808 1111** or **01733 873700**

Email: **helpline@mencap.org.uk**

Web: **www.mencap.org.uk**

Multiple Sclerosis Society

The UK's leading MS charity. Since 1953, it has been providing information and support, funding research and fighting for change.

Web: **www.mssociety.org.uk**

Boston and South Holland

Tel: **01775 725106**

Email: **bostonsholland@mssociety.org.uk**

Grantham and Sleaford

Email: **granthamsleaford@mssociety.org.uk**

Skegness and District

Tel: **07791 279815**

Patient and Advice Liaison Service (PALS)

Email: **pals@ulh.nhs.uk**

Text: **07815 707746**

Web: **www.ulh.nhs.uk/patients/pals**

Grantham and District Hospital

Tel: **01476 464861**

Lincoln County Hospital

Located near Main Reception.

Tel: **01522 707071**

Pilgrim Hospital

Located in Main Reception.

Tel: **01205 446243**



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www.carechoices.co.uk



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 CareChoices

→ Penderels Trust Lincolnshire

Aims to assist people with all aspects of independent living.

Haverholme Priory Offices, Haverholme Park, Haverholme, Ewerby, Sleaford NG34 9PF

Tel: **01526 833803**

Email: lincolnshire@penderelstrust.org.uk

Web: www.penderelstrust.org.uk/lincolnshire.php

Royal National Institute of Blind People (RNIB) – Peterborough office

Supporting people with sight loss. Northminster House, Northminster, Midgate PE1 1YN

Tel: **0303 123 9999**

Email: helpline@rnib.org.uk

Web: www.rnib.org.uk

Shine Lincolnshire

Award-winning network of people and organisations involved in mental health.

Room 25, Commerce House, Carlton Boulevard, Lincoln LN2 4WJ

Tel: **01522 300206**

Email: info@lincsshine.co.uk

Web: www.lincsshine.co.uk

South Lincolnshire Blind Society (SLBS)

A major provider of services for blind and partially sighted people and their carers, who live in the districts of North Kesteven, South Kesteven, Boston Borough and South Holland.

11a Finkin Street, Grantham NG31 6QZ

Tel: **01476 592775**

Email: slbs@blind-society.org.uk

Web: www.blind-society.org.uk

St Barnabas Hospice

Provides specialist palliative and end of life care so that everyone can access and receive the support they need to live well and ease the process of dying.

Inpatient Unit, 36 Nettleham Road, Lincoln LN2 1RE

Tel: **0300 020 0694**

Email: enquiries@stbarnabashospice.co.uk

Web: www.stbarnabashospice.co.uk

Total Voice Lincolnshire

Tel: **0300 303 1660**

Email: helpline@voiceability.org

Web: www.voiceability.org/support-and-help/services-by-location/lincolnshire

Wellbeing Service, The

Designed to promote confidence in living independently.

Tel: **01522 782140**

Web: www.lincolnshire.gov.uk/wellbeingservice

With You

One of the UK's leading mental health, drug and alcohol charities.

Web: www.wearewithyou.org.uk

Boston

70-74 Wide Bargate PE21 6RY

Tel: **01205 319920**

Grantham

71 High Street NG31 6NR

Tel: **01476 512950**

Lincoln

The New Avenue, 26-30 Newland LN1 1XG

Tel: **01522 305518**

Spalding

Unit 5, Broadgate House,

Westlode Street, Spalding PE11 2AD

Tel: **01775 666638**

Skegness

30 Roman Bank PE25 2SG

Tel: **01754 809823**



Useful national contacts

Age UK

Tel: **0800 055 6112**

Web: **www.ageuk.org.uk**

Al-Anon Family Groups

Worried about someone's drinking? Help and hope for families and friends of alcoholics.

Helpline: **0800 008 6811**

(10.00am to 10.00pm).

Email: **helpline@al-anonuk.org.uk**

Web: **www.al-anonuk.org.uk**

Alzheimer's Society

Dementia Connect support line: **0333 150 3456**

Monday to Wednesday, 9.00am to 8.00pm;

Thursday and Friday, 9.00am to 5.00pm; and

Saturday and Sunday, 10.00am to 4.00pm.

Web: **www.alzheimers.org.uk**

Association of Charitable Organisations(ACO)

A national umbrella body for benevolent charities.

Tel: **0207 255 4480**

Email: **info@aco.uk.net**

Web: **www.aco.uk.net**

British Institute of Learning Disabilities (BILD)

Committed to improving the quality of life for people with a learning disability.

Tel: **0121 415 6960**

Email: **enquiries@bild.org.uk**

Web: **www.bild.org.uk**

British Red Cross

The British Red Cross provides a wide range of services including first aid, emergency response, mobility aids, finding missing family, preparing for disasters, refugee support and support at home.

Tel: **0344 871 1111**

Email: **contactus@redcross.org.uk**

Web: **www.redcross.org.uk**

Care Choices

Free, independent assistance with finding care providers. Searchable website.

Web: **www.carechoices.co.uk**

Tel: **01223 207770**

Care Quality Commission

Independent regulator of care services in England.

Tel: **0300 061 6161**

Email: **enquiries@cqc.org.uk**

Web: **www.cqc.org.uk**

Carers Trust

Works to improve support, services and recognition for anyone who is caring, unpaid, for a family member or friend.

Tel: **0300 772 9600**

Email: **info@carers.org**

Web: **www.carers.org**

Carers UK

The voice of carers.

Tel: **0808 808 7777**

Email: **advice@carersuk.org**

Web: **www.carersuk.org**

Citizens Advice

Practical, reliable, up-to-date information on a wide range of topics.

Tel: **0800 144 8848**

Web: **www.citizensadvice.org.uk**

Dementia Adventure

Provides supported holidays for people with dementia as an alternative to traditional respite where partners, family, friends or carers can enjoy an outdoor break together. Holidays are usually five days long, can be bespoke, are subsidised and are available to anyone across the UK.

Tel: **01245 237548**

Email: **info@dementiaadventure.co.uk**

Web: **www.dementiaadventure.co.uk**

Dementia UK

A national charity committed to improving quality of life for all people affected by dementia. Provides mental health nurses specialising in dementia care, called Admiral Nurses.

Tel: **0800 888 6678**

Email: **info@dementiauk.org**

Web: **www.dementiauk.org**

→ Elderly Accommodation Counsel

Help older people make informed choices about meeting their housing and care needs.

Web: www.housingcare.org

Friends of the Elderly

A charity that supports older people who have a range of practical needs.

Tel: **0207 730 8263**

Email: enquiries@fote.org.uk

Web: www.fote.org.uk

Homecare Association

Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.

Tel: **0208 661 8188**

Email: helpline@homecareassociation.org.uk

Web: www.homecareassociation.org.uk

Hourglass

Works to protect, and prevent the abuse of, vulnerable older adults.

Helpline: **0808 808 8141**

Text: **07860 052906**

Web: www.wearehourglass.org

Independent Age

Produces a wide range of guides and factsheets for older people, their families and carers.

Tel: **0800 319 6789**

Email: advice@independentage.org

Web: www.independentage.org

My Family Our Needs

The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs.

Web: www.myfamilyourneeds.co.uk

National Association for Providers of Activities for Older People (NAPA)

Promotes the importance of activities for older persons.

Tel: **01494 590421**

Email: info@napa-activities.co.uk

Web: <https://napa-activities.co.uk>

National Association of Funeral Directors

Tel: **0121 711 1343**

Email: info@nafd.org.uk

Web: www.nafd.org.uk

National Society of Allied and Independent Funeral Directors

Tel: **0345 230 6777**

Email: info@saif.org.uk

Web: www.saif.org.uk

NHS 111

You should call NHS **111** if you:

- need medical help fast, but it is not a 999 emergency;
- do not know who to call for medical help or you do not have a GP to call; or
- require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available via 'Typetalk' **18001 111**.

Parkinson's Society

Tel: **0808 800 0303**

Textphone: **18001 0808 800 0303**

Email: hello@parkinsons.org.uk

Web: www.parkinsons.org.uk



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

hello@myfamilyourneeds.co.uk @WeAreMFON

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Subscribe today

Playlist for Life

A music and dementia charity based in Glasgow and covering the whole of the United Kingdom. Its aim is to ensure everyone living with dementia has access to a personalised playlist and for everyone who cares for them to know how to use it. The charity offers free advice and resources to anyone affected by dementia who could benefit from the power of music. It also provides training for health and social care professionals looking to deliver person-centred care using personalised music.

Tel: **0141 404 0683**

Email: **info@playlistforlife.org.uk**

Web: **www.playlistforlife.org.uk**

Registered Nursing Home Association (RNHA)

Campaigns for high standards in nursing home care.

Tel: **0121 451 1088**

Email: **info@rnha.co.uk**

Web: **www.rnha.co.uk**

Relatives and Residents Association, The

Exists for older people needing, or living in, residential care and the families and friends left behind.

Tel: **0207 359 8136**

Email: **helpline@relres.org**

Web: **www.relres.org**

Rethink Mental Illness

Support for families living with mental ill health. Carers' support services. Supported living for people with mental ill health.

Tel: **0808 801 0525**

Email: **advice@rethink.org**

Web: **www.rethink.org**

Samaritans

Available 24 hours a day to provide confidential emotional support for people who are experiencing feelings of distress, despair or suicidal thoughts.

Tel: **116 123**

Email: **jo@samaritans.org**

Web: **www.samaritans.org**

SANE

Advice on mental health issues.

Tel: **0300 304 7000**

Email: **support@sane.org.uk**

Web: **www.sane.org.uk**

Silver Line, The

A 24-hour telephone befriending and advice line.

Tel: **0800 470 8090**

Web: **www.thesilverline.org.uk**

Society of Later Life Advisers (SOLLA)

Helping people and their families find trusted, accredited financial advisers who understand financial needs in later life.

Tel: **0333 202 0454**

Email: **admin@societyoflaterlifeadvisers.co.uk**

Web: **www.societyoflaterlifeadvisers.co.uk**

Stroke Association

Provides practical advice, essential information and emotional support for stroke survivors, carers and families. • Tel: **0303 303 3100**

Email: **helpline@stroke.org.uk**

Web: **www.stroke.org.uk**

Veterans' Gateway

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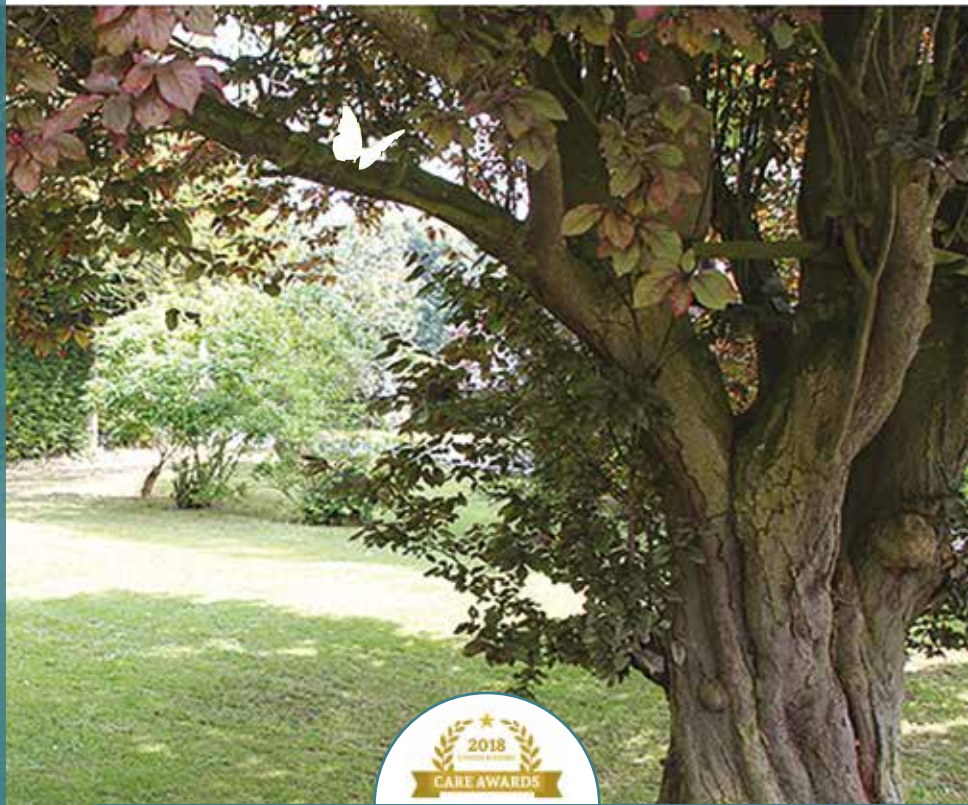


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